

PSHEE Personal, Social, Health and Economic Education

2015 /2016 Whole School Overview

PSHEE is taught for 30 minutes a week and often closely relates to R.E.

	<b>SEAL (Social and Emotional Learning)</b>	<b>Health Economic &amp; Other</b>	<b>Protective Behaviour (Keeping yourself safe)</b>
<b>Autumn 1</b>	<b>New Beginnings</b>	<b>Fire Safety Medicines Citizenship</b>	<b>We all have the right to feel safe.</b> <i>Understand the feelings we have when we feel safe</i>
<b>Autumn 2</b>	<b>Getting on and Falling Out. Say No to Bullying</b>	<b>Road Safety</b>	<b>Early Warning Signs</b> <i>Understand that Early Warning Signs (EWS) are physical signals which indicate we are not feeling safe.</i>
<b>Spring 1</b>	<b>Going for Goals</b>	<b>Alcohol</b>	<b>There is nothing so awful that we cannot talk about it to someone.</b> <i>Realise the importance of talking with someone when there is an unsafe situation.</i>
<b>Spring 2</b>	<b>Good to be me</b>	<b>Smoking</b>	<b>Using the 'One step removed' Protective Behaviours Strategy.</b>

			<i>Identify people to talk to if you are feeling unsafe.</i>
<b>Summer 1</b>	<b>Relationships</b>	<b>Changes Citizenship</b>	<b>Feelings</b> <i>Understand we all have different feelings at different times. Explore the reasons for anger.</i>
<b>Summer 2</b>		<b>Money Week Sex and Relationships</b>	<b>Helping us all to feel safe all of the time.</b> <i>Recap and evaluate</i>

PSHEE Personal, Social, Health and Economic Education

2015 /2016 Nursery

PSHEE is taught for 30 minutes a week and often closely relates to R.E.

	<b>SEAL (Social and Emotional Learning)</b>	<b>Health Economic &amp; Other</b>
<b>Autumn 1</b>	<p><b>New Beginnings</b>  <i>To begin to develop children's knowledge, understanding and skills in four key social and emotional aspects of learning: empathy, self-awareness, social skills and motivation.</i></p>	<p><b>Citizenship</b>  <i>Safety in the home</i></p>
<b>Autumn 2</b>	<p><b>Getting on and Falling Out.</b>  <i>To develop children's knowledge, understanding and skills focusing on empathy, anger and social skills.</i></p> <p><b>Say No to Bullying</b>                      What is bullying? How does it feel?                      Why do people bully? How can we prevent and respond to it?</p>	<p><b>Road Safety</b>  <i>Holdings Hands, What is traffic                      Stop look and Listen, Seat Beats</i></p> <p><b>Citizenship</b>  <i>Safety in the home</i></p> <p><b>Fire Safety</b>  <i>The Fire Rescue Service holds an annual assembly focusing on fire safety and the national theme.</i></p>
<b>Spring 1</b>	<p><b>Going for Goals</b>  <i>To value each child as an individual and help them identify their strengths.</i></p>	<p><b>Alcohol</b>  <b>Citizenship</b>  <i>Exercise is important for us.</i></p>
<b>Spring 2</b>	<p><b>Good to be me</b>  <i>To develop self awareness and help</i></p>	<p><b>Citizenship</b>  <i>How to avoid germs, look tidy and smell nice -</i></p>

	<i>the child to realise that it really is 'Good to be me'.</i>	<i>Developing skills for independence</i>
<b>Summer 1</b>	<p><b>Relationships</b>  <i>To explore our feelings with family and friends. Develop self-awareness, managing feelings and empathy.</i></p>	<p><b>Changes</b>  <i>To help equip the child to understand that humans have a common response to both positive and negative change. To develop their ability to understand and manage their own feelings.</i></p> <p><b>Citizenship</b>  <i>Safety in the home</i></p>
<b>Summer 2</b>		<p><b>Money Week</b>  <i>Coin Recognition</i>  <i>To understand the exchange of coins for goods.</i></p>

PSHEE Personal, Social, Health and Economic Education

2015 /2016 Reception

PSHEE is taught for 30 minutes a week and often closely relates to R.E.

	<b>SEAL (Social and Emotional Learning)</b>	<b>Health Economic &amp; Other</b>
<b>Autumn 1</b>	<p align="center"><b>New Beginnings</b> <i>To begin to develop children's knowledge, understanding and skills in four key social and emotional aspects of learning: empathy, self-awareness, social skills and motivation.</i></p>	<p align="center"><b>Fire Safety</b> <i>The Fire Rescue Service holds an annual assembly focusing on fire safety and the national theme.</i></p> <p align="center"><b>Citizenship</b> <i>Caring for the school environment.</i></p>
<b>Autumn 2</b>	<p align="center"><b>Getting on and Falling Out.</b> <i>To develop children's knowledge, understanding and skills focusing on empathy, anger and social skills.</i></p> <p align="center"><b>Say No to Bullying</b> <i>What is bullying? How does it feel? Why do people bully? How can we prevent and respond to it?</i></p>	<p align="center"><b>Road Safety</b> <i>Holdings Hands What is traffic Stop look and Listen Seat Belts</i></p> <p align="center"><b>Citizenship</b> <i>Safety in the home</i></p>
<b>Spring 1</b>	<b>Going for Goals</b>	<b>Citizenship</b>

	<i>To value each child as an individual and help them identify their strengths.</i>	<i>Exercise is important for us</i>
<b>Spring 2</b>	<p><b>Good to be me</b></p> <p><i>To develop self awareness and help the child to realise that it really is 'Good to be me'.</i></p>	<p><b>Citizenship</b></p> <p><i>How to avoid germs, look tidy and smell nice - Developing skills for independence</i></p>
<b>Summer 1</b>	<p><b>Relationships</b></p> <p><i>To explore our feelings with family and friends. Develop self-awareness, managing feelings and empathy.</i></p>	<p><b>Changes</b></p> <p><i>To help equip the child to understand that humans have a common response to both positive and negative change. To develop their ability to understand and manage their own feelings.</i></p> <p><b>Citizenship</b></p> <p><i>Safety in the home</i></p>
<b>Summer 2</b>		<p><b>Money Week</b></p> <p><i>Coin Recognition</i></p> <p><i>To understand the exchange of coins for goods.</i></p>

**PSHEE Personal, Social, Health and Economic Education**

**Year 1**

PSHEE is taught for 30 minutes a week and often closely relates to R.E.

	<b>SEAL (Social and Emotional Aspects of Learning)</b>	<b>Health Economic &amp; Other</b>	<b>Protective Behaviour (Keeping yourself safe)</b>
<b>Autumn 1</b>	<p align="center"><b>New Beginnings</b></p> <p><i>This theme offers children the opportunity to see themselves as valued individuals with a community. It focuses on developing empathy, self-awareness, social skills and motivation.</i></p>	<p align="center"><b>Fire Safety</b></p> <p><i>The Fire Rescue Service holds an annual assembly focusing on fire safety and the national theme.</i></p> <p align="center"><b>Medicines</b></p> <p><i>To explain what medicines are and health and safety around medicines.</i></p> <p align="center"><b>Citizenship</b></p> <p><i>Caring about Neighbours</i></p>	<p align="center"><b>We all have the right to feel safe.</b></p> <p><i>Understand the feelings we have when we feel safe</i></p>
<b>Autumn 2</b>	<p align="center"><b>Getting on and Falling Out. Say No to Bullying</b></p> <p><i>What is bullying, how does it feel, why do people bully, how can we prevent and respond to it ?</i></p>	<p align="center"><b>Road Safety</b></p> <p><i>Crossing Safely</i></p> <p><i>Identify Hazards on the Road</i></p> <p align="center"><i>Belt up</i></p>	<p align="center"><b>Early Warning Signs</b></p> <p><i>Understand that Early Warning Signs (EWS) are physical signals which indicate we are not feeling safe.</i></p>
<b>Spring 1</b>	<p align="center"><b>Going for Goals</b></p> <p><i>Acknowledging our abilities, qualities and strengths and we should value them. Reflect on ourselves as individuals and how we learn effectively.</i></p>	<p align="center"><b>Alcohol</b></p> <p><i>To increase knowledge of alcohol. What is an alcoholic drink and what is not alcoholic?</i></p>	<p align="center"><b>There is nothing so awful that we cannot talk about it to someone.</b></p> <p><i>Realise the importance of talking with someone when there is an unsafe situation.</i></p>

<p><b>Spring 2</b></p>	<p><b>Good to be me</b>  <i>Focusing on feelings explore the child as an individual. Develop self-awareness understanding that it is 'Good to be me'.</i></p>	<p><b>Smoking</b>  <i>Explore feeling around people who smoke</i>  <i>To increase awareness of the dangers of smoking.</i></p>	<p><b>Using the 'One step removed' Protective Behaviours Strategy.</b>  <i>Identify people to talk to if you are feeling unsafe.</i></p>
<p><b>Summer 1</b></p>	<p><b>Relationships</b>  <i>This topic focuses on feelings within the context of our relationships with family and friends.</i></p>	<p><b>Changes</b>  <i>Understanding different types of change both positive and negative and understand feelings associated with change.</i>  <b>Citizenship</b>  <i>Rules in the neighbourhood.</i></p>	<p><b>Feelings</b>  <i>Understand we all have different feelings at different times. Explore the reasons for anger.</i></p>
<p><b>Summer 2</b></p>		<p><b>Money Week</b>  <i>Recognise that there are regular and unpredictable sources of money.</i>  <i>Consider different ways you can spend money.</i>  <b>Sex and Relationships</b>  <i>In the Beginning</i>  <i>This topic focuses on all living things, divided into families and within these families divided into male and female.</i></p>	<p><b>Helping us all to feel safe all of the time.</b>  <i>Recap and evaluate</i></p>

**PSHEE Personal, Social, Health and Economic Education**

**Year 2**

PSHEE is taught for 30 minutes a week and often closely relates to R.E.

	<b>SEAL (Social and Emotional Aspects of Learning)</b>	<b>Health Economic &amp; Other</b>	<b>Protective Behaviour (Keeping yourself safe)</b>
<b>Autumn 1</b>	<p align="center"><b>New Beginnings</b> <i>This theme offers children the opportunity to see themselves as valued individuals with a community. It focuses on developing empathy, self-awareness, social skills and motivation.</i></p>	<p align="center"><b>Fire Safety Fire Safety</b> <i>The Fire Rescue Service holds an annual assembly focusing on fire safety and the national theme.</i></p> <p align="center"><b>Medicines</b> <i>Medicines can be harmful if taken in the wrong circumstances.</i></p> <p align="center"><b>Citizenship</b> <i>Good Behaviour in the Neighbourhood</i></p>	<p align="center"><b>We all have the right to feel safe.</b> <i>Understand the feelings we have when we feel safe</i></p>
<b>Autumn 2</b>	<p align="center"><b>Getting on and Falling Out. Say No to Bullying</b> <i>What is bullying, how does it feel, why do people bully, how can we prevent and respond to it ?</i></p>	<p align="center"><b>Road Safety</b> <i>Crossing Safely</i> <i>Identify Hazards on the Road</i> <i>Belt up</i></p>	<p align="center"><b>Early Warning Signs</b> <i>Understand that Early Warning Signs (EWS) are physical signals which indicate we are not feeling safe.</i></p>
<b>Spring 1</b>	<p align="center"><b>Going for Goals</b> <i>Acknowledging our abilities, qualities and strengths and we</i></p>	<p align="center"><b>Alcohol</b> <i>What drinks are alcoholic and what is not alcoholic.</i></p>	<p align="center"><b>There is nothing so awful that we cannot talk about it to someone.</b></p>

	<i>should value them. Reflect on ourselves as individuals and how we learn effectively.</i>		<i>Realise the importance of talking with someone when there is an unsafe situation.</i>
<b>Spring 2</b>	<b>Good to be me</b> <i>Focusing on feelings explore the child as an individual. Develop self-awareness understanding that it is 'Good to be me'.</i>	<b>Smoking</b> <i>To increase awareness of the dangers of smoking and help children resist the pressure to smoke.</i>	<b>Using the 'One step removed' Protective Behaviours Strategy.</b> <i>Identify people to talk to if you are feeling unsafe.</i>
<b>Summer 1</b>	<b>Relationships</b> <i>This topic focuses on feelings within the context of our relationships with family and friends.</i>	<b>Changes</b> <i>Understanding different types of change both positive and negative and understand feelings associated with change.</i> <b>Citizenship</b> <i>Safety outside the home. Caring for the environment.</i>	<b>Feelings</b> <i>Understand we all have different feelings at different times. Explore the reasons for anger.</i>
<b>Summer 2</b>		<b>Money Week</b> <i>How to keep money safe and begin to understand the consequences of having more or less money</i> <b>Sex and Relationships</b> <i>Reinforces the fact that we are ALL of equal importance and value. God made me. Recognising the differences between male and female. Naming body parts.</i>	<b>Helping us all to feel safe all of the time.</b> <i>Recap and evaluate</i>

PSHEE Personal, Social, Health and Economic Education

Year 3

PSHEE is taught for 30 minutes a week and often closely relates to R.E.

	<b>SEAL (Social and Emotional Aspects of Learning)</b>	<b>Health Economic &amp; Other</b>	<b>Protective Behaviour (Keeping yourself safe)</b>
<b>Autumn 1</b>	<p align="center"><b>New Beginnings</b> <i>This theme focuses on developing children's knowledge, understanding and skills in four key social and emotional aspects of Learning: empathy, self-awareness, social skills and motivation.</i></p>	<p align="center"><b>Fire Safety</b> <i>The Fire Rescue Service holds an annual assembly focusing on fire safety and the national theme.</i></p> <p align="center"><b>Medicines</b> <i>To increase awareness of different types of drugs such as alcohol cigarettes, solvents and medicines.</i></p> <p align="center"><b>Citizenship</b> <i>The local community - caring about our neighbours Who are they? Being polite to them.</i></p>	<p align="center"><b>We all have the right to feel safe.</b> <i>Understand the feelings we have when we feel safe</i></p>
<b>Autumn 2</b>	<p align="center"><b>Getting on and Falling Out.</b> <i>Developing respect for diversity and an ability to cooperate. Looking at 'anger' what triggers this? How do people behave? Develop strategies for managing it.</i></p>	<p align="center"><b>Road Safety</b> <i>Identify Danger on the Road Belt Up Stay Safe</i></p>	<p align="center"><b>Early Warning Signs</b> <i>Understand that Early Warning Signs (EWS) are physical signals which indicate we are not feeling safe.</i></p>

	<b>Say No to Bullying</b>		
<b>Spring 1</b>	<b>Going for Goals</b> <i>This theme provides opportunities for the children to reflect on themselves as individuals, particularly their strengths as learners and how they learn most effectively.</i>	<b>Alcohol</b> <i>What effect does alcohol have? How do we feel about this ?</i>	<b>There is nothing so awful that we cannot talk about it to someone.</b> <i>Realise the importance of talking with someone when there is an unsafe situation.</i>
<b>Spring 2</b>	<b>Good to be me</b> <i>Developing self awareness, and having an understanding of feelings such as anxiety and worry, being proud, excited and disappointed. This unit helps the child to realise that it really is 'Good to be me'</i>	<b>Smoking</b> <i>To increase knowledge of the effects and dangers of smoking and look at what is written on cigarette packets.</i>	<b>Using the 'One step removed' Protective Behaviours Strategy.</b> <i>Identify people to talk to if you are feeling unsafe.</i>
<b>Summer 1</b>	<b>Relationships</b> <i>This theme focuses on the importance of relationships with family and friends. Children will explore taking responsibility for their behaviour and realising when something is their fault.</i>	<b>Changes</b> <i>This theme tackles the issue of positive and negative changes and helps develop the child's ability to understand and manage feelings associated with change.</i> <b>Citizenship</b> <i>Keeping safe in the home and how to get help in an emergency.</i>	<b>Feelings</b> <i>Understand we all have different feelings at different times. Explore the reasons for anger.</i>
<b>Summer 2</b>		<b>Money Week</b> <i>Understand there are different forms of payment. ie coupons and</i>	<b>Helping us all to feel safe all of the time.</b> <i>Recap and evaluate</i>

		<p><i>vouchers.</i></p> <p><i>Saving Money and keeping records.</i></p> <p><b>Sex and Relationships</b></p> <p><i>God - the master Designer. Uses flowers as its focus. Children develop an understanding of male and female parts and functions, pollination and fertilization and life cycle.</i></p>	
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**PSHEE Personal, Social, Health and Economic Education**

**Year 4**

PSHEE is taught for 30 minutes a week and often closely relates to R.E.

	<b>SEAL (Social and Emotional Aspects of Learning)</b>	<b>Health Economic &amp; Other</b>	<b>Protective Behaviour (Keeping yourself safe)</b>
<b>Autumn 1</b>	<p align="center"><b>New Beginnings</b> <i>This theme focuses on developing children's knowledge, understanding and skills in four key social and emotional aspects of Learning: empathy, self-awareness, social skills and motivation.</i></p>	<p align="center"><b>Fire Safety</b> <i>The Fire Rescue Service holds an annual assembly focusing on fire safety and the national theme.</i></p> <p align="center"><b>Medicines</b> <i>Identify various types of drugs and the dangers associated with them. To be aware of the safety rules for handling medicines.</i></p> <p align="center"><b>Citizenship</b> <i>Caring about our Country- Being a citizen of this country &amp; learning about traditions and customs</i></p>	<p align="center"><b>We all have the right to feel safe.</b> <i>Understand the feelings we have when we feel safe</i></p>
<b>Autumn 2</b>	<p align="center"><b>Getting on and Falling Out.</b> <i>Developing respect for diversity and an ability to cooperate. Looking at 'anger' what</i></p>	<p align="center"><b>Road Safety</b> <i>Identify Danger on the Road Belt Up Stay Safe</i></p>	<p align="center"><b>Early Warning Signs</b> <i>Understand that Early Warning Signs (EWS) are physical signals which indicate we are not feeling safe.</i></p>

	<p><i>triggers this? How do people behave? Develop strategies for managing it.</i></p> <p><b>Say No to Bullying</b></p>		
<b>Spring 1</b>	<p><b>Going for Goals</b></p> <p><i>This theme provides opportunities for the children to reflect on themselves as individuals, particularly their strengths as learners and how they learn most effectively.</i></p>	<p><b>Alcohol</b></p> <p><i>How does alcohol affect adults?</i></p> <p><i>Discuss Health and safety.</i></p>	<p><b>There is nothing so awful that we cannot talk about it to someone.</b></p> <p><i>Realise the importance of talking with someone when there is an unsafe situation.</i></p>
<b>Spring 2</b>	<p><b>Good to be me</b></p> <p><i>Developing self awareness, and having an understanding of feelings such as anxiety and worry, being proud, excited and disappointed. This unit helps the child to realise that it really is 'Good to be me'</i></p>	<p><b>Smoking</b></p> <p><i>To learn facts about what effects smoking can have on the body.</i></p> <p><i>Help children to say 'no' to smoking.</i></p>	<p><b>Using the 'One step removed' Protective Behaviours Strategy.</b></p> <p><i>Identify people to talk to if you are feeling unsafe.</i></p>
<b>Summer 1</b>	<p><b>Relationships</b></p> <p><i>This theme focuses on the importance of relationships with family and friends. Children will explore taking responsibility for their behaviour and realising when something is their fault.</i></p>	<p><b>Changes</b></p> <p><i>This theme tackles the issue of positive and negative changes and helps develop the child's ability to understand and manage feelings associated with change.</i></p> <p><b>Citizenship</b></p> <p><i>Knowing what we can be proud of in our county. (Education, health, fairness, respect for</i></p>	<p><b>Feelings</b></p> <p><i>Understand we all have different feelings at different times. Explore the reasons for anger.</i></p>

		<i>different cultures &amp; religion, democracy, laws against racism and concern for people in other countries)</i>	
<b>Summer 2</b>		<p><b>Money Week</b>  <i>Planning to save money for the future.</i>  <i>To consider decisions about spending, balancing wants and needs.</i></p> <p><b>Sex and Relationships</b>  <i>Fertilization of fish eggs.</i>  <i>God - The caring Protector</i>  <i>Uses fish (Sticklebacks) as a focus. Children develop an understanding of male and female identification, laying of eggs, life cycles and responsibilities of parenthood.</i></p>	<p><b>Helping us all to feel safe all of the time.</b>  <i>Recap and evaluate</i></p>

PSHEE Personal, Social, Health and Economic Education

Year 5

PSHEE is taught for 30 minutes a week and often closely relates to R.E.

	<b>SEAL (Social and Emotional Aspects of Learning)</b>	<b>Health Economic &amp; Other</b>	<b>Protective Behaviour (Keeping yourself safe)</b>
<b>Autumn 1</b>	<p align="center"><b>New Beginnings</b>  <i>Belonging to a new group of people. To understand how it feels to start something new. To have strategies to cope with uncomfortable feelings and calm myself when necessary. Understanding others people's feelings in new situations.</i></p>	<p align="center"><b>Fire Safety</b>  <i>The Fire Rescue Service holds an annual assembly focusing on fire safety and the national theme.</i></p> <p align="center"><b>Medicines</b>  <i>Why do people take drugs? Explore feelings about why adults take drugs.</i></p> <p align="center"><b>Citizenship</b>  <i>Equal People</i>  <i>Understanding similarities, differences and preventing prejudice and racism.</i></p>	<p align="center"><b>We all have the right to feel safe.</b>  <i>Understand the feelings we have when we feel safe</i></p>
<b>Autumn 2</b>	<p align="center"><b>Getting on and Falling Out.</b>  <i>To accept and appreciate people's friendships and not be too demanding. To see a situation from another person's perspective. Qualities of a good leader.</i></p>	<p align="center"><b>Road Safety</b>  <i>Bicycle Safety</i></p>	<p align="center"><b>Early Warning Signs</b>  <i>Understand that Early Warning Signs (EWS) are physical signals which indicate we are not feeling safe.</i></p>

	<p><b>Say No to Bullying</b>  <i>To understand how rumour spreading and name calling can be bullying behaviours. To try and encourage children who use bullying behaviours make other choices.</i>  <i>Managing my own feelings.</i></p>		
<p><b>Spring 1</b></p>	<p><b>Going for Goals</b>  <i>Know the skills that make a good learner. To know what other people like about me. Setting a goal and planning to reach it.</i></p>	<p><b>Alcohol</b>  <i>How much do we know about alcohol quiz.</i>  <i>Look at the laws concerning alcohol.</i></p>	<p><b>There is nothing so awful that we cannot talk about it to someone.</b>  <i>Realise the importance of talking with someone when there is an unsafe situation.</i></p>
<p><b>Spring 2</b></p>	<p><b>Good to be me</b>  <i>Knowing myself for who and what I am. Being proud but not boastful.</i></p>	<p><b>Smoking</b>  <i>Explain that smoking is a form of a drug.</i>  <i>Introduce peer pressure and how we can say 'no'.</i></p>	<p><b>Using the 'One step removed' Protective Behaviours Strategy.</b>  <i>Identify people to talk to if you are feeling unsafe.</i></p>
<p><b>Summer 1</b></p>	<p><b>Relationships</b>  <i>Knowing, Understanding and managing my own feelings. Understand the feelings of others.</i></p>	<p><b>Changes</b>  <i>Understand Changes</i>  <i>Knowing and understanding my own feelings and trying to understand why people behave the way they do when they are facing a difficult change.</i>  <b>Citizenship</b>  <i>Equal People</i>  <i>Understanding Disability.</i></p>	<p><b>Feelings</b>  <i>Understand we all have different feelings at different times.</i>  <i>Explore the reasons for anger.</i></p>
		<p><b>Money Week</b></p>	<p><b>Helping us all to feel safe all</b></p>

<p><b>Summer 2</b></p>		<p><i>Where does money come from? Earnings are payments for work. What if you don't work ? Discuss Pensions &amp; unemployment What is debt?</i></p> <p><b>Sex and Relationships</b></p> <p><i>God The Great Provider. God the friend and neighbour. These units use birds and rabbits as a focus. The children will develop an understanding of male and female identification, courtship and mating, homebuilding, fertilization, parenthood and life cycles.</i></p>	<p><b>of the time.</b> <i>Recap and evaluate</i></p>
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**PSHEE Personal, Social, Health and Economic Education**

**Year 6**

PSHEE is taught for 30 minutes a week and often closely relates to R.E.

	<b>SEAL (Social and Emotional Aspects of Learning)</b>	<b>Health Economic &amp; Other</b>	<b>Protective Behaviour (Keeping yourself safe)</b>
<b>Autumn 1</b>	<p align="center"><b>New Beginnings</b></p> <p><i>Belonging to a new group of people. To understand how it feels to start something new. To have strategies to cope with uncomfortable feelings and calm myself when necessary. Understanding others people's feelings in new situations.</i></p>	<p align="center"><b>Fire Safety</b></p> <p><i>The Fire Rescue Service holds an annual assembly focusing on fire safety and the national theme.</i></p> <p align="center"><b>Medicines</b></p> <p><i>Look at different types of drugs. Legal and Illegal. Which drugs pose a threat?</i></p> <p align="center"><b>Citizenship</b></p> <p><i>Good Citizens in the local Community What is a good citizen ? Respecting other people.</i></p>	<p align="center"><b>We all have the right to feel safe.</b></p> <p><i>Understand the feelings we have when we feel safe</i></p>
<b>Autumn 2</b>	<p align="center"><b>Getting on and Falling Out.</b></p> <p><i>To accept and appreciate people's friendships and not be too demanding. To see a situation from another person's perspective. Qualities of a good leader.</i></p>	<p align="center"><b>Road Safety Bicycle Safety</b></p>	<p align="center"><b>Early Warning Signs</b></p> <p><i>Understand that Early Warning Signs (EWS) are physical signals which indicate we are not feeling safe.</i></p>

	<p><b>Say No to Bullying</b>  <i>To understand how rumour spreading and name calling can be bullying behaviours. To try and encourage children who use bullying behaviours make other choices.</i>  <i>Managing my own feelings.</i></p>		
Spring 1	<p><b>Going for Goals</b>  <i>Know the skills that make a good learner. To know what other people like about me. Setting a goal and planning to reach it.</i></p>	<p><b>Alcohol</b>  <i>Alcohol is particularly damaging to children because they have small bodies.</i></p>	<p><b>There is nothing so awful that we cannot talk about it to someone.</b>  <i>Realise the importance of talking with someone when there is an unsafe situation.</i></p>
Spring 2	<p><b>Good to be me</b>  <i>Knowing myself for who and what I am. Being proud but not boastful.</i></p>	<p><b>Smoking</b>  <i>Why do adults smoke?  What do you think about smoking?</i></p>	<p><b>Using the 'One step removed' Protective Behaviours Strategy.</b>  <i>Identify people to talk to if you are feeling unsafe.</i></p>
Summer 1	<p><b>Relationships</b>  <i>Knowing, Understanding and managing my own feelings. Understand the feelings of others.</i></p>	<p><b>Changes</b>  <i>Understand Changes  Knowing and understanding my own feelings and trying to understand why people behave the way they do when they are facing a difficult change.</i>  <b>Citizenship</b>  <i>Good Citizens in the local Community  Behaving thoughtfully in the local community.</i></p>	<p><b>Feelings</b>  <i>Understand we all have different feelings at different times.  Explore the reasons for anger.</i></p>

<p><b>Summer 2</b></p>		<p><b>Money Week</b>  <i>Discuss household expenses.</i>  <i>(eg regular financial commitments)</i>  <i>Making financial decisions</i></p> <p><b>Sex and Relationships</b>  <i>God - The image maker.</i>  <i>This unit has humans as the focus.</i>  <i>Children will develop and</i>  <i>understanding of relationships,</i>  <i>marriage, producing new life, life</i>  <i>cycles, joy of birth, spiritual</i>  <i>growth and personal time lines.</i></p>	<p><b>Helping us all to feel safe all  of the time.</b>  <i>Recap and evaluate</i></p>
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