

## PSHEE Curriculum Overview 2020-2021

PSHEE	Autumn 1 <sup>st</sup> Being Me	Autumn 2 <sup>nd</sup> Celebrating Difference	Spring 1 <sup>st</sup> Going for Goals	Spring 2 <sup>nd</sup> Healthy Me	Summer 1 <sup>st</sup> Relationships	Summer 2 <sup>nd</sup> SRE	External Visitors
<b>SEAL</b>	New Beginnings Citizenship	Getting on and Falling Out Say no to Bullying Road Safety Citizenship Fire Safety	Going for Goals - 2hrs Alcohol - 1hr	Good to be me - 2hrs Smoking - 1hr	Relationships - 1hr Changes -1hr Citizenship - 1.5hrs	Sex and Relationships Education 2hrs Money Week - 1hr	
<b>Protective Behaviours</b>	<b>We all have the right to feel safe.</b>	<b>Early Warning Signs - Oh Oh Signs</b>	<b>There is nothing so awful that we cannot talk about it to someone.</b>	<b>Using the 'One Step Removed' Protective Behaviours Strategy.</b>	<b>Feelings</b>	<b>Protective Behaviours: Helping us all to feel safe all of the time.</b>	
<b>EYFS</b>	Self-identity Understanding feelings Being in a classroom Rights and responsibilities Being gentle	Identifying talents Being special Families Where we live Making friends Standing up for myself Road safety	Challenges / Perseverance Goal Setting Overcoming obstacles Seeking help Jobs Achieving goals	Keeping myself healthy Healthier lifestyle choices Keeping clean Being safe Safety (medicine and household items) Linking health and happiness.	Family Life Being a good friend (including qualities) Physical contact preferences People who help us Celebrating special relationships	<b>Money Week</b> To recognize coins (and notes) we use. To understand the exchange of coins and notes for goods.	<b>Spring 1 - police people who help us</b> <b>Spring 2 - dentist</b>
<b>Y1</b>	Feeling special and safe Being part of a class Rights and responsibilities Rewards and feeling proud Consequences	Similarities and Differences Understanding bullying and knowing how to deal with it Making new friends Celebrating difference in everyone Road Safety (16 <sup>th</sup> -20 <sup>th</sup> Nov 2020)	Setting goals Identifying successes and achievements Learning styles Working well and celebrating achievement Tackling new challenges Identifying and overcoming obstacles Feelings of success	Keeping myself healthy Healthy lifestyle choices Keeping clean Being safe Medicine Safety Linking health and happiness	Belonging to a family Being a good friend Physical Contact Preferences People who help us Qualities in a friend and a person Self - acknowledgement Being a good friend to myself Celebrating special relationships	<b>Money Week</b> Recognize that there are both regular and unpredictable sources of money. (i.e. regular salary, unpredictable birthday/Christmas money) If you received an unexpected amount of money what would you spend it on? Consider the ways in which to spend money. What do adults spend their money on?	
<b>Y2</b>	Hopes and fears for the year Rights and responsibilities Rewards and consequences Safe and fair learning environment Valuing	Assumptions and stereotypes about gender Understanding bullying Standing up for self and others Making new friends Gender diversity Celebrating difference and remaining friends	Achieving realistic goals Perseverance Learning Strengths Group co-operation Contributing to and sharing success	Motivation Healthier Choices Relaxation Healthy eating and nutrition	Different types of family Physical contact boundaries Friendship and conflict Secrets Trust and appreciation	<b>Money Week</b> How to keep money safe - banking, financial records etc. Understanding the value of money and begin to understand the consequences of having more or less money.	

	contributions Choices Recognising feelings						
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Y3	Setting personal goals Self-identity and worth Positivity in challenges Rules, rights and responsibilities Rewards and consequences Responsible choices See things from other's viewpoint	Families and their differences Family conflict and how to manage it (child - centred) Witnessing bullying and how to solve it Recognising how words can be hurtful Giving and receiving compliments	Difficult challenges and achieving success Dreams and ambitions New challenges Motivation and enthusiasm Recognising and trying to overcome setbacks Evaluating how we learn Managing feelings	Exercise Fitness challenges Food labelling and healthy swaps Attitudes towards drugs Keeping safe (online and offline scenarios) Respect for myself and others Healthy and safe choices	Family roles and responsibilities Friendships and negotiation Keeping safe online and who to ask for help Being a global citizen Being aware of how my choices affect others Awareness of how other children have different lives Expressing appreciation for family and friends	Money Week To understand that there are different forms of payment i.e. coupons and vouchers. To understand that there are different ways of savings and keeping records i.e. Savings accounts.  Simple budgeting	
Y4	Being part of a class Being a school citizen Rights, responsibilities and democracy Rewards and consequences Group decision making Having a voice What motivates behaviour	Challenging assumptions Judging by appearance Accepting self and others Understanding influences Understanding bullying Problem Solving Identifying how special and unique everyone is	Hopes and dreams Overcoming disappointment Creating new realistic dreams Achieving goals Working in a group Celebrating contributions Resilience Positive attitudes	Healthier friendships Group dynamics Smoking Alcohol Assertiveness Peer pressure Celebrating inner strength	Jealousy Love and loss Memories of loved ones Getting on and falling out Showing appreciation to people and animals	<b>Money Week</b> To have an understanding of saving for the future, thinking and planning ahead and to have a basic understanding of deferred payment. To make considered decisions about spending, balancing wants and needs.	

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<b>Y5</b>	Planning for the year ahead Being a citizen Rights and responsibilities Rewards and consequences How behaviour affects groups Democracy, having a voice, participating	Cultural differences, how they can cause conflict Racism Rumours and name calling Types of bullying Material wealth and happiness Enjoying and respecting other cultures	Future dreams Jobs and careers Dream job and how to get there Goals in different cultures Supporting others (charity) Motivation	Smoking incl vaping Alcohol Alcohol and anti-social behaviour Emergency Aid Body image Relationships with food Healthy choices Motivation and behaviour	Self-recognition and self-worth Building self-esteem Safer online communities Rights and responsibilities online Online gaming Reducing screen time Dangers of online grooming SMARRT internet safety rules	Money Week LO To understand where money comes from and interest rates Understand earnings as payments for work - what if you don't work? Pensions /unemployment Introduce principles of making money from savings To understand money choices (focus on debt) Debate planed: managed v unplanned unmanaged Best buys in various circumstances (provide children with various financial circumstances and discuss manageable payments)  The importance of money	<b>Summer 1</b> <b>RSPCA - Speak out- Stay safe programme</b>
<b>Y6</b>	Identifying goals for the year Global citizenship Children's universal rights Feeling welcome and valued Choices, consequences and rewards Group dynamics Democracy, having a voice Anti-social behaviour Role-modelling	Perceptions of normality Understanding disability Power struggles Understanding bullying Inclusion / exclusion Differences as conflict, difference as celebration Empathy	Personal learning goals in and out of school Success criteria Emotions in success Making a difference in the world Motivation Recognising achievements Compliments	Taking personal responsibility How substances affect the body Exploitation - county lines, gang culture Emotional and mental health Managing stress	Mental health Identifying mental health worries and sources of support Love and loss Managing feelings Power can control Assertiveness Technology safety Take responsibility with technology use	Money Week To understand about house hold expenses. E.g. regular commitments and deductions. Consider the ethical dimensions of financial decisions and the variance in standards of living across time and place.	<b>Summer 1</b> <b>RSPCA - Speak out- Stay safe programme</b>  <b>Magistrate visiting speaker</b> <b>Houses of Parliament visit</b>

<b>National Initiatives</b>	World Mental Health Day (10 <sup>th</sup> Oct 2020) Libraries Week (5-10 <sup>th</sup> Oct 2020)	St Johns Ambulance - Big First Aid Week Anti-Bullying Week (11 <sup>th</sup> - 15 <sup>th</sup> Nov) Parliament Week - KS2 (1 <sup>st</sup> -7 <sup>th</sup> Nov 2020) Recycling Week Road Safety (16 <sup>th</sup> -20 <sup>th</sup> Nov 2020)  Remembrance Day	Safer Internet Day (9 <sup>th</sup> Feb 2021) Big Garden Birdwatch (25 <sup>th</sup> - 27 <sup>th</sup> Jan 2021) Children's Mental Health Week (3 <sup>rd</sup> - 9 <sup>th</sup> Feb 2020) Time to Talk Day (6 <sup>th</sup> Feb 2021)	No Smoking Day (11 <sup>th</sup> March 2021)	Mental Health Awareness Week (10 <sup>th</sup> - 14 <sup>th</sup> May 2021)	Child Safety Week (1-7 June 2021)	

<https://www.pshe-association.org.uk/calendar>

TBC:

Hospice week