Lunchtime Prayer for the Month of July

Blessed be God Blessed be His Holy Name Blessed be Jesus, True God and True Man Blessed be the Name of Jesus Blessed be his most Sacred Heart Blessed be his most Precious Blood Blessed be his most Precious Blood Blessed be Jesus in the most Holy Sacrament of the altar Blessed be the Holy Spirit Blessed be the Great Mother of God, Mary most holy Blessed be her holy and Immaculate Conception Blessed be her Glorious Assumption Blessed be the name of Mary, Virgin and Mother Blessed be St. Joseph, her husband, Blessed be God, his angels and his saints.