Prayers	Recommended Time of the Year
Act of Love	November
https://www.vaticannews.va/en/prayers/act-of-love.html	
Act of Sorrow	In times of sadness or to say sorry
https://www.vaticannews.va/en/prayers/act-of-contrition.html	
The Angelus https://www.vaticannews.va/en/prayers/the-angelus.html	May October Feasts of Mary Mother of God - 1st January. Our Lady of Lourdes - 11th February. Annunciation - 25th March. The Visitation - 31st May. The Assumption of Mary - 15th August. Our Lady's Birthday - 8th September. Our Lady of the Rosary - 7th October. Immaculate Conception - 8th December.
The Luminous Mysteries of the Rosary https://mycatholic.life/catholic-prayers/the-most-holy-rosary/the-luminous-mysteries/	May October

Prayers	Recommended Time of the Year
	Allaz
Prayer to the Guardian Angel	All Year
The Memorare	All Year but especially
	May
https://www.vaticannews.va/en/prayers/the-memorare.html	October
Sorrowful Mysteries of the Rosary	May
	October
https://www.vaticannews.va/en/prayers/the-rosary.html	Lent
Prayer to St. Joseph	March 19th
https://www.vaticannews.va/en/prayers/prayer-to-st-joseph.html	

Prayers	Recommended Time of the Year
Regina Caeli https://www.vaticannews.va/en/prayers/the-regina-caeli.html	May October
The Magnificat https://www.vaticannews.va/en/prayers/the-magnificat.html	May October
The Glorious Mysteries of the Rosary https://www.vaticannews.va/en/prayers/the-rosary.html	Easter time May
Stations of the Cross	Lent
Prayers to St. Anthony https://www.companionsofstanthony.org/pray/prayers-to-st-anthony-of-padua/	All year June 13th
The Apostles Creed https://www.vaticannews.va/en/prayers/the-apostles-creed.html	All Year

Hail Holy Queen	All year but especially
	May
https://www.vaticannews.va/en/prayers/hail-holy-queen.html	October
	All control of a control
Come Holy Spirit	All year but especially
https://www.vaticannews.va/en/prayers/comeholy-spirit.html	Pentecost
nttps://www.vaticannews.va/en/prayers/comenoiy-spirit.ntmi	
Come Creator Spirit	All year but especially
	Pentecost
https://www.vaticannews.va/en/prayers/comecreator-spirit.html	
The Anima Christi	Louis
The Anima-Christi	Lent
https://www.vaticannews.va/en/prayers/the-anima-christi.html	
nttps.//www.vaticannews.va/en/prayers/the-annia-christiantin	