

Year 1 RHE topics

The following topics will be covered over the course of the year.

<i>Topic</i>	<i>Summary</i>
God Loves You	Children will learn that we are part of God's family and that saying sorry is important and can mend friendships. They will also learn that Jesus cared for others and had expectations of them and how they should act and that we should love other people in the same way God loves us.
Special People	Children will learn to identify 'special people' (their parents, carers, friends, parish priest) and what makes them special and the importance of being close to and trusting special people and telling them if something is troubling them.
Treat Others Well...	Children will learn how their behaviour affects other people, and that there is appropriate and inappropriate behaviour. They will also learn about the characteristics of positive and negative relationships and different types of teasing, and that all bullying is wrong and unacceptable.
...and Say Sorry	Children will learn to recognise when they have been unkind and say sorry and when people are being unkind to them and others and how to respond. They will also learn that when we are unkind to others, we hurt God also and should say sorry to Him as well and that we should forgive like Jesus forgives.
Being Safe	Children will learn to understand safe and unsafe situations, including online.
Good and Bad Secrets	Children will learn the difference between 'good' and 'bad' secrets and that they can and should be open with 'special people' they trust if anything troubles them. They will also learn how to resist pressure when feeling unsafe.
Physical Contact	Children will learn to know that they are entitled to bodily privacy. They will also learn that there are different people we can trust for help, especially those closest to us who care for us, including our parents or carers, teachers and our parish priest.
Harmful Substances	Children will learn that medicines are drugs, but not all drugs are good for us and that alcohol and tobacco are harmful substances. They will also learn that our bodies are created by God, so we should take care of them and be careful about what we consume.
Can You Help Me? (Part 1)	Children will learn about what is and isn't an emergency and that in an emergency, they (or an adult) should call 999 and ask for ambulance, police and/or fire brigade.
Can You Help Me? (Part 2)	Children will learn to call 999 in an emergency and ask for ambulance, police and/or fire brigade and that if they require medical help but it is not an emergency, basic First Aid should be used instead of calling 999. They will also learn some basic principles of First Aid.

Three In One	Children will learn that God is love: Father, Son and Holy Spirit and that being made in His image means being called to be loved and to love others.
Who is My Neighbour?	Children will learn what a community is, and that God calls us to live in community with one another. They will also learn about a passage scripture illustrating the importance of living in community as a consequence of Jesus' teaching on neighbours.
The Communities We Live In	Children will learn that they belong to various communities such as home, school, parish, the wider local community, nation and global community and that they should help at home with practical tasks such as keeping their room tidy, helping in the kitchen etc. They will also learn that we have a duty of care for others and for the world we live in (charity work, recycling etc.) and what harms and what improves the world in which we live.