Year 3 RHE topics

The following topics will be covered over the course of the year.

Торіс	Summary
The Sacraments	Children will learn that baptism in God makes us His adopted children and 'receivers' of His love and
	that by regularly receiving the Sacrament of Reconciliation, we grow in good deeds.
Friends, Family and Others	Children will learn ways to maintain and develop good, positive, trusting relationships and
	strategies to use when relationships go wrong.
When Things Feel Bad	Children will develop a greater awareness of bullying (including cyber-bullying), that all bullying is
	wrong, and how to respond to bullying.
Sharing Online	Children will learn to recognise that their increasing independence brings increased responsibility to
	keep themselves and others safe.
Chatting Online	Children will learn how to use technology safely, that bad language and bad behaviour are
	inappropriate and how to report and get help if they encounter inappropriate materials or
	messages.
Safe In My Body	Children will learn to judge well what kind of physical contact is acceptable or unacceptable and
	how to respond, about different kinds of abuse and that there are different people we can trust for
	help.
Drugs, Alcohol and Tobacco	Children will understand the effect that a range of substances including drugs, alcohol and tobacco
	can have on the body.
First Aid Heroes	Children will learn that in an emergency, it is important to remain calm, that quick reactions in an
	emergency can save a life and that they can help in an emergency using their First Aid knowledge.
A Community of Love	Children will learn God is love as shown by the Holy Trinity, that the human family reflects the Holy
	Trinity in mutual charity and generosity and we are made in the image of God, which means we are
	made to love God and others, and be loved by God and others.
What is the Church?	Children will learn that the human family comprises of home, school and parish (which is part of the
	diocese).
How Do I Love Others?	Children will learn that God wants His Church to love and care for others and to devise practical
	ways of loving and caring for others.