

Year 5 Weekly Update - 19/01/2024

Forest school

It was another cold, but beautiful blue sky day. The children were much better prepared for the weather this week and had several strategies to look after their bodies to keep them warm.

We started our sessions off today with our welcome chant, counting and name game before introducing our feelings cards to the children. These were laid out on the logs and we invited the children to check in with their bodies before wandering around and finding a word that they felt connected with their energy levels and how pleasant they were feeling. All the children shared their feeling with the group. Sometimes when we are asked how we are, we can fall in the trap of responding with, "I'm fine," or, "I'm good," when this is not actually how we feel. We need to take time to connect with our bodies and acknowledge what we are actually feeling. We discussed that it is helpful to be able to understand and express all feelings to others whether they are pleasant or not, so that we can understand our actions and those of others better.

As it was another cold day, we played a few games to build up the warmth in our bodies. Our first game focused on developing our teamwork and communication skills as the two teams had to come to a joint decision about which character to be. Once they had chosen, they had to face the opposing team and share their action. They then had to have quick thinking to decide if their character needed to chase the other team or run away to not get caught. The children enjoyed acting out their characters and chasing each other.

Our next game was called Wolf Hunter. Everyone was given a deer tail and there was one wolf who had to catch the deer by grabbing their tail. Once their tail was caught they became a wolf and joined in the hunt. It was lots of fun running around with the wolves working together to catch the deer. It certainly warmed us all up.

Once our bodies were warmed up, we focused on fire lighting. We found out there is a fire triangle with three things that a fire needs: oxygen, fuel and heat. If one of these is missing we have no fire. We talked to the children about how to look after ourselves and those around us when we are using fire. We need to check we have nothing dangling from our bodies that might be flammable e.g jumper toggles and hair, and then tuck them in. We need to be a safe distance from others and be in the respect position. The children practiced this position, ensuring they could move safely away from the fire if needed. We then introduced the fire steels which the children used to make sparks. This took lots of strength and perseverance but everyone in both classes was able to do this step. We reflected on our story from last week, where the lady faced the giant and her fear went away. Some of the children were feeling a bit frightened by the fire steels today, but faced their fears, created sparks and realised it was not too scary after all.

For the rest of the session, the children chose how to explore and meet their needs. Some children helped build and light the fire today. As well as giving us some warmth, we used it to cook over. The children worked together to create an apple batter which we then fried on the fire. Other children enjoyed getting creative, working with a friend to create a Nordic braid. This activity takes patience and resilience as it takes a while to swing wool back and forth with a partner to create the braid. We also had our keen cooks in the mud kitchen and some meeting their need for challenge and movement on the slackline. Others learnt how to tie a clove hitch on a log and how to use tripod lashing as a starting point for den building.

At the end of the sessions, we gathered back together to reflect on our session and enjoy tucking into our Poppity Pings that we made on the fire. Most children were keen to try and mostly enjoyed them. They certainly warmed our tummies up!

RE

Isaiah 61: 1-2, 10-11

Children have been learning about when Jesus started his ministry and attended the synagogue in his home town of Nazareth. He was given the privilege of reading from the scripture and selected a reading from the prophet Isaiah. This particular reading became the basis of his mission during his teaching and preaching. Children identified words and phrases of comfort in the passage and then considered ways that Christians live out this message today.

Vocabulary: Mission, inspiration, community, charity, apostle.



Maths

Vocabulary: improper fraction, mixed number, numerator, denominator.

This week we have been adding and subtracting fractions when the denominators are not the same which requires the children to first find denominators with common multiples. We then moved on to adding fractions when the total is greater than 1 e.g. $2\frac{3}{4} + \frac{7}{8}$ which requires the children to turn the mixed number into an improper fraction.

Get ahead: <https://www.bbc.co.uk/bitesize/topics/zhdwxnb/articles/z9n4k7h>

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English

As a class we have been reading chapters 5-7 of Harry Potter and the Philosopher's Stone. After reading about Harry's visit to Diagon Alley the children imagined what they might find in one of the sweet shops and used their imagination to attribute magical qualities to everyday foods, they then formed expanded noun phrases based on their creations. We then spent a lesson building relative clauses e.g.

Hermione, *who was rather bossy*, told them to get changed.

The school, *where they were headed*, was somewhere across the country.

Vocabulary: expanded noun phrase, modal verb, relative clause

Get ahead: it may be worth children revising expanded noun phrases and relative clauses as next week they will be writing a setting description using these features.

Science:

This half term we will be looking at forces. The children have used Newton meters to measure the forces acting on classroom objects. They have started to plan an experiment which they will carry out next week. This experiment looks at the effect of different shaped parachutes and the impact this has on air resistance and how slowly and safely an object lands.

Vocabulary: forces, gravity, air resistance, buoyancy, friction

Reminders

- Children need trainers for PE. In the wet weather lots of children are sensibly wearing boots to school but these are unsuitable for PE lessons, please ensure children have trainers in school, so they can fully take part in these lessons.
- As the weather continues to be cold please ensure children have a pair of grey joggers in their PE kit.
- We would appreciate any donations of tissues.

Have and lovely weekend,

Amy, Hannah, Catherine and Magda

Pupil of the Week

LISBON:

Dorian for contributing to class discussion in Science.

PADUA:

Joshua for his contributions to class discussions this week.



TAKE NOTICE

When you get to the end of your school day, write down at least one thing you are grateful for.