

St. Anthony's Religious Education Newsletter

Including Mark Ten Mission and Wellbeing Challenge

Monday 27th January 2025



RELIGIOUS EDUCATION

Last Friday saw the launch of the Jubilee Year of Hope in schools.

We had assemblies after which the children listened to a message from Cardinal Vincent Nichols and then carried out some activities.

Each week throughout the Year, we will devote time in our weekly update to a Jubilee reflection or activity.

CATHOLIC LIFE

FOODBANK DAY

This week sees the last Thursday of the month which means we are inviting donations for the Watford Foodbank.



Our friends at the foodbank are extremely grateful for your continued generosity and kindness as last year saw an incredibly high number of donations.

If you can donate this Thursday, you will find foodbank boxes in the following locations:

Outside the Early Years Building

Outside Main Reception

Outside the St. Francis Building near to the metal stairs where Years 5 and 6 enter and exit.

PRAYER LIFE

During Ordinary Time (Winter), up to Lent, we are asked to pray for these intentions:

- · Peace on Earth;
- Openness to the Word of God;
- · Christian Unity;
- · The Sick and Those Who Care for Them;
- · Victims of Trafficking and Those who Work to Combat it;
- · The Unemployed.

EVERYDAY PRAYER AT ST. ANTHONY'S

Every day we pray together in our classes.

Prayer offers us all that moment of stillness and quiet reflection.

During January, we have been using some of the prayers written by previous students at St. Anthony's to say together either in the morning, at lunchtime or before home time.



Here are two examples:

Dear God

Thank you, God, for the food we eat, the homes we live in and the warmth you give to us. Help the homeless and lonely this winter. May they have a safe place to go and someone to rely on.

Amen.

God Our Father

At this time of the year, we pray for the people who suffer in the cold weather or who are involved in wars. Please make our world a better place so that we can enjoy peace and love in our communities.

Amen

PARISH LINKS TO HOLY ROOD CHURCH WEEKLY NEWSLETTER

https://parish.rcdow.org.uk/watford/wp-content/uploads/sites/103/2025/01/Newsletter-26.01.2025.pdf

PARISH LINK TO ST. BEDE'S CHURCH WEEKLY NEWSLETTER

https://parish.rcdow.org.uk/croxleygreen/wp-content/uploads/sites/95/2025/01/NEWSLETTER-2025-26th-January.pdf

FEAST DAYS THIS WEEK

January 27th St. Angela Merici

January 28th St. Thomas Aguinas

January 31st St. John Bosco

February 2nd The Presentation of the Lord

LITURGICAL COLOURS WORN AT MASS

Green for Ordinary Time

White for the Presentation of the Lord



JUBILEE YEAR OF HOPE JANUARY REFLECTION

Open the Door to Dialogue



Let us pray, please bless the way that people communicate with one anotherat home, at school, at work, and in the wider world. May people's words and actions be gentle and kind, reflecting the love that you have for us all.

Open the doors of our heart.

Open the doors of welcome.

Open the doors of power.

Open the doors of our mind.

Open the doors to opportunity.

Amen.





LOOK AFTER YOUR WELLBEING THIS WEEK

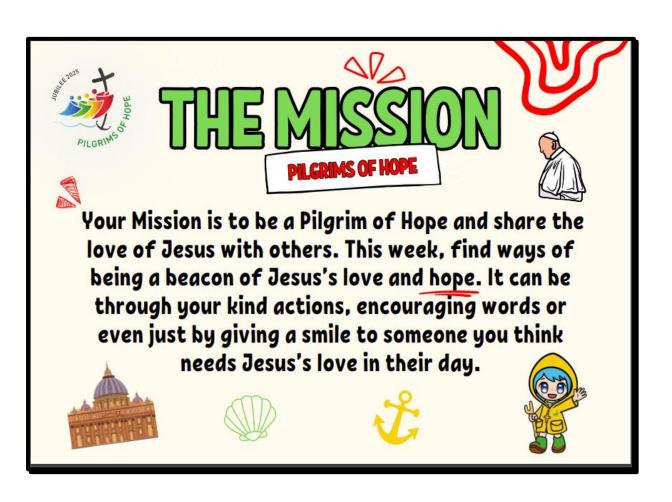


BE ACTIVE

Grow some seeds and monitor their progress each day. Could you work with others to create a small garden?



Mark Ten Mission







COSPEL

Luke 4:14-21

At that time: Jesus returned in the power of the Spirit to Galilee, and a report about him went out through all the surrounding country. And he taught in their synagogues, being glorified by all.

And he came to Nazareth, where he had been brought up. And as was his custom, he went to the synagogue on the Sabbath day, and he stood up to read. And the scroll of the prophet Isaiah was given to him. He unrolled the scroll, and found the place where it was written,

The Spirit of the Lord is upon me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim liberty to the captives and recovering of sight to the blind, to set at liberty those who are oppressed, to proclaim the year of the Lord's favour.'

And he rolled up the scroll, and gave it back to the attendant, and sat down. And the eyes of all in the synagogue were fixed on him. And he began to say to them, "Today this Scripture has been fulfilled in your hearing."

As you slowly read or listen to the Gospel, which line stands out? Highlight it in the text. Pray about how God may be speaking to you through this line?

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Wonder Questions

The people listening knew the words from Isaiah. Do you think the words sounded different when Jesus said them?

How did the people feel as they listened?

WORD OF THE WEEK

JUBNES.

RAVER

What is your HOPE for the Jubilee 2025? This can be for yourself or for the world. Write a prayer below and share your hope with Jesus, asking for his help and grace.

MISSION

Your Mission is to be a
Pilgrim of Hope and share
the love of Jesus with others.
This week, find ways of being
a beacon of Jesus's love and
hope. It can be through your
kind actions, encouraging
words or even just by giving
a smile to someone you
think needs Jesus's love in
their day

