

Control and coordination

- Demonstrate more control in a variety of movements.

Year
1

- Demonstrate control over movements and show good co-ordination.

Year
2

Formations

- Work individually and with a partner - solo and duet

- Work with a partner or small group to copy or create formations for the movements.

Creating movements

- Create and develop actions and movements around a given story or theme.

- Copy and repeat some movement skills to include: travelling, turning, jumping, balance and levels.

Linking movements

- Link 2 or more movements together to begin a sequence.

- Link 2 or more movements together to form a sequence. Remember the movement order and perform the sequence

Rhythm & beat

- Recognise rhythm and beat within the music and be able to move in time to the music led by the teacher.

- Move in time to the music independently.

Control and coordination

- Work towards precision of movement and co-ordination..

Year
3

- Demonstrate precision of movement and co-ordination.

Year
4

Formations

- Work co-operatively with a group to create a dance sequence including start and end positions and changing formations.

- Work co-operatively with a group to create dance sequences with good synchronicity in formations, introducing canons and other group formations where different group members perform different actions at different times.

Creating movements

- Copy and repeat some movement skills to include: travelling, turning, jumping, balance, levels and using different planes of movement.

- Copy, repeat and develop more movement skills to include: travelling, turning, jumping, balance, levels and using different planes of movement.

Linking movements

- Link 3 or more movements together to form a sequence. Remember the movement order and perform the sequence.

- Link several movements together to form a sequence. Remember the movement order and perform the sequence.

Rhythm & beat

- Move in time to the music confidently using varying types of accompaniment.

- Move in time to the music demonstrating an awareness of rhythm and phrasing..

Control and coordination

- Work towards showing varying movement types e.g. strength, softness, power, flexibility, control, energy, etc. within one performance..

Year 5

- Consistently demonstrating with accuracy more varying movement types e.g. strength, softness, power, flexibility, control, energy, etc. within one performance.

Year 6

Formations

- Work co-operatively with a group to achieve good synchronicity in formations and when transitioning between formations.

- Work co-operatively with a group to achieve good synchronicity throughout the whole performance.

Creating movements

- Copy, repeat and develop more movement skills to include: travelling, turning, jumping, balance, levels and using different planes of movement.

- Create and develop new movements to include: travelling, turning, jumping, balance, levels and using different planes of movement within a specific style including dance styles from different times, places and cultures .

Linking movements

- Create more than one sequence of movements and perform the sequences in a specific order

- Create more than one sequence of movements and perform the sequences in a variety of different orders.

Rhythm & beat

- Move in time to the music demonstrating confidence with rhythm and phrasing.

- Move in time to the music demonstrating confidence with more complex rhythm and phrasing.