

	Autumn Term		Spring Term		Summer Term	
	1	2	1	2	1	2
Year 1	Feet 1	Hands 1	Hands 2	Rackets and Balls	Athletics (sports day)	Games for Understanding
Year 2	Feet 1	Hands 1	Hands 2	Rackets and Balls	Athletics (sports day)	Games for Understanding
Year 3	Tennis	Tag Rugby	Hockey	Football	Rounders	Netball
Year 4	Tag Rugby	Netball	Football	Hockey	Tennis	Cricket
Year 5	Tag Rugby	Hockey	Netball	Tennis	Football	Rounders
Year 6	Netball	Football	Hockey	Basketball	Cricket	Badminton

The 2014 national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activity
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

EYFS – will develop co-ordination, control and movement through being active and interactive.

KS1 – Will develop fundamental movement skills, balance, agility and co-ordination through gymnastics in a range of increasingly challenging situations.

KS2 - Will develop a broader range of movement skills such as flexibility, strength, control, balance and technique throughout sequences of movement. They will compare their performances with previous ones, evaluate and demonstrate improvement to achieve their personal best.