



**St. Anthony's Religious Education Newsletter**  
**Including Mark Ten Mission and Wellbeing Challenge**

**Wednesday 2<sup>nd</sup> April 2025**



## CATHOLIC LIFE

### LENT AT ST. ANTHONY'S

#### JUBILEE LENTEN WALK



This Thursday 3<sup>rd</sup> April, we will be taking part in a Jubilee Lenten Walk for the Catholic Children's Society. This will be a Mufti Day when the children are invited to wear sports clothes in exchange for a donation on the School Gateway. All proceeds will go to the Catholic Children's Society.

You can find out more about the charity through the link below.

<https://www.cathchild.org.uk/>

## COMMUNITY AND PARTICIPATION

### A MEESEGE FROM WATFORD FOODBANK



***"Thank you to all the children and parents who contributed to the food donation that we that the total weight was 67kgs".***

***"Thank you for your support".***



We are hugely grateful to you, our families, for helping to make a difference to people's lives with your generosity in helping to support the Watford Foodbank.

### **PRAYER LIFE**

Our chapel will be open again on Thursday morning at 8.30 for those children and / or families who wish to spend a few minutes in quiet reflection.

Fr. Tim was in school last Friday and some of the older children from Years 5 and 6 were able to attend Confession in the Chapel.

### **PARISH LINKS TO HOLY ROOD CHURCH WEEKLY NEWSLETTER**

<https://parish.rcdow.org.uk/watford/wp-content/uploads/sites/103/2025/03/Newsletter-30.03.2025.pdf>

### **PARISH LINK TO ST. BEDE'S CHURCH WEEKLY NEWSLETTER**

<https://parish.rcdow.org.uk/croxleygreen/wp-content/uploads/sites/95/2025/03/NEWSLETTER-2025-30th-March-.pdf>

### **LITURGICAL COLOURS WORN AT MASS**

**Purple for Lent**

### **RELIGIOUS EDUCATION**

At the beginning of this term, we told you that our Religious Education curriculum was changing. Our Early Years, Years 1 and 2 classes are now working to the new Religious Education Directory.

From the beginning of the summer term, our Years 5 and 6 classes will be changing to the directory too.



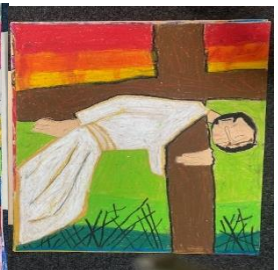
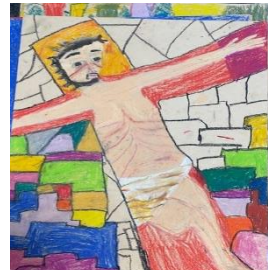
## RELIGIOUS EDUCATION

### YEAR 5 STATIONS OF THE CROSS

Our Year 5 children will be presenting an assembly on what they have learned about the Stations of the Cross on Friday morning.

The outstanding pictures below were created by Year 5 Lisbon during their retreat day on March 11<sup>th</sup>.

Once they are finished, we will share pictures of the clay models created by 5 Padua.





## From Fr. Tim

### *Reflection for Mothers' Day*

*\*Reflection on the Fourth Station: Jesus meets His Blessed Mother. \**

*It is fitting, with Mothering Sunday just past, to reflect on this Station of the Cross: Jesus meets His blessed Mother.*

*I am reminded of that episode in the St Matthew's Gospel where his Mother and brothers were stood outside asking to speak to him. Jesus replies: "Who is mother and who are my brothers?"*

*Jesus adds: "Whoever does the will of my Father in heaven is my brother and sister and mother. Now Jesus wasn't having a senior moment here but points to the preeminence of that command: Do the will of my Father".*

*Jesus does that perfectly by accepting death; even death on the Cross!*

*Indeed, it follows that Jesus continues to meet His mother through the witness and lives of His members whenever we do the will of the Father. Ultimately, this means accepting our crosses and bearing them joyfully; uniting it to the ultimate sacrifice of Christ.*

*As we know well, there would be no Easter without Good Friday and so there is no eternal happiness with God without suffering.*

*As Lent continues let us keep this in mind as we meditate on Christ's sacrifice and walk with him through the medium of the Stations of the Cross.*

*Let us too pray in thanksgiving for all our mothers and grandmothers who undeniably sacrificed much for us their children and grandchildren, leaving us an example for us to imitate.*

**Fr. Tim**



## JUBILEE YEAR OF HOPE WEEKLY REFLECTION

Let us pray for healing and strength for all those who are sick at this time. Bless those who are taking care of them at home, in hospitals and in the community. May those who feel alone know that you are with them during this time of need.

## REMINDER

**A reminder that school finishes for Easter on Friday 4<sup>th</sup> April at 1.30pm.**

## HAPPY EASTER

Wishing all our families a very happy Easter holiday and we will see you back at school on Tuesday 22<sup>nd</sup> April.



## LOOK AFTER YOUR WELLBEING THIS WEEK



### BE ACTIVE

For the children to take part in Thursday's Lenten Walk for the Catholic Children's Society when they will be out in the fresh air, walking with friends and classmates.





## Mark Ten Mission



# THE MISSION

### THE LOST SON

Pray the Examen prayer at the end of your day. Begin by asking the Holy Spirit to help you look back through your day. Where were you moving towards God with your kind actions and choices? Thank God for his help in those moments. Then look honestly at any times when you moved away from God in things you did or said. Make a simple prayer saying sorry and ask God to help you make a better decision next time. Finally enjoy the best part of prayer, being wrapped in God's love. Like getting a big hug from a loving Father, end your Examen prayer letting God hold you in his love.



# MISSION FILE

## GOSPEL

Luke 15:11-24

Jesus told them this parable: 'There was a man who had two sons. And the younger of them said to his father, "Father, give me the share of property that is coming to me." And he divided his property between them. Not many days later, the younger son gathered all he had and took a journey into a far country, and there he squandered his property in reckless living. And when he had spent everything, a severe famine arose in that country, and he began to be in need. So he went and hired himself out to one of the citizens of that country, who sent him into his fields to feed pigs. And he was longing to be fed with the pods that the pigs ate, and no one gave him anything.

'But when he came to himself, he said, "How many of my father's hired servants have more than enough bread, but I perish here with hunger! I will arise and go to my father, and I will say to him, "Father, I have sinned against heaven and before you. I am no longer worthy to be called your son. Treat me as one of your hired servants."'

'And he arose and came to his father. But while he was still a long way off, his father saw him and felt compassion, and ran and embraced him and kissed him. And the son said to him, "Father, I have sinned against heaven and before you. I am no longer worthy to be called your son." But the father said to his servants, "Bring quickly the best robe, and put it on him, and put a ring on his hand, and shoes on his feet. And bring the fattened calf and kill it, and let us eat and celebrate. For this my son was dead, and is alive again; he was lost, and is found." And they began to celebrate.

## WORD OF THE WEEK

# SACRIFICE

## REFLECT

Imagine you are the father in the parable. Write a note to the son, asking him to come home.

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## Wonder Questions

How did the son feel as he began his walk home?

How long had the father been looking to the road, waiting for his boy to come home?

How did the son feel as his father met him?

## MISSION

Your Mark 10 Mission is to pray the **Examen prayer** at the end of your day. Begin by asking the Holy Spirit to help you look back through your day. Where were you moving towards God with your kind actions and choices? Thank God for his help in those moments. Then look honestly at any times when you moved away from God in things you did or said. Make a simple prayer saying sorry and ask God to help you make a better decision next time. Finally enjoy the best part of prayer, being wrapped in God's love. Like getting a big hug from a loving Father, end your Examen prayer letting God hold you in his love.



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