



St. Anthony's Religious Education Newsletter
Including Mark Ten Mission and Wellbeing Challenge

Wednesday 9th July 2025



CATHOLIC LIFE

MISSION STATEMENT REVIEW

We are pleased to say that you can now comment on our school Mission Statement, *We Grow and Learn with Jesus*.

Our Mission Statement review is part of our pledge for the Jubilee Year of Hope.

The parent surveys will be sent to you but can also be accessed in the link below.

<https://forms.office.com/r/fh3pNcSDN4>

RELIGIOUS EDUCATION

On Wednesday our Early Years children visited Holy Rood Church. They were welcomed by Paul, Julie and Jim from the parish's SVP.

Jim led groups of children in a guided tour as he spoke about different areas of the church: the sanctuary, pulpit, baptismal font, confessional, some of the stain glass windows and the side chapel showing the story of Pentecost.

The children were especially excited when Jim pointed out the stone squirrel at the foot of pulpit!



They also had the chance to use the parish centre to carry out some special activities centred around the church.

Thank you, Paul, Julie and Jim, for being there to welcome and guide the children around the church.

We want the children to know that the church is both a holy place of peace, prayer and safety as well as the centre of communion.

We dedicate the children's visit to the memory of Brian O' Riordan, a good friend of St. Anthony's, who led our Mini Vinnies on a guided tour of the church in March 2023.



The pulpit



Sanctuary



The Holy Rood



Pentecost



Outside the church



Painting a new church!



The Baptismal Font



Building a new church!



Special Designs

YEAR 4 AYLESFORD PRIORY VISIT

This Friday, our Year 4 pupils will be visiting Aylesford Priory in Kent. This is a chance for the children and staff to learn about the lives of the friars who live and work there and to enjoy some time of peace and reflection on the last full Friday of term.



PRAYER LIFE

From September, St. Anthony's will be following the new Prayer and Liturgy Directory, *To Love You More Dearly*. Our new Prayer and Liturgy Policy has been written and aims to provide the St. Anthony's School community with a rich range of opportunities for prayer and liturgy every day. We will say more about this throughout the autumn term 2025.

For this reason, Fr. Tim has written for us this week about prayer.

From Fr. Tim

In the gospels Jesus' disciples said to him: Lord, teach us to pray.

He responded, "When you pray, pray like this."

He gave them, of course, the Our Father.

God Himself taught us how to pray, literally what to say. He gave us the pattern of all prayer.

The Our Father includes themes of praise, petition, forgiveness and the everlasting establishment of God's Kingdom.

All forms of prayer, then, follow this design.

The Catholic tradition of prayer includes public, private and devotional prayer. One doesn't supersede the other but all must work in harmony.

Public prayer is best captured in our communal worship at Mass.

Private prayer is the bedrock of our personal relationship with God.

Devotional prayer to Our Lady and the saints can help us in our journey through faith which sees us do battle with evil, hardships and temptations.

The saints have much to say on prayer but perhaps a helpful introduction to prayer is St John Damascene's definition which states that prayer is "the raising of one's mind and heart to God". This is echoed at every Mass



before the consecration. The priest tells us: "Lift up your hearts" to which the faithful respond "We lift them up to the Lord".

Prayer is also life-giving.

Prayer is to the soul what oxygen is to our lungs. Without oxygen we die. Without prayer, we die spiritually.

Prayer then is necessary not optional if we are to grow in discipleship, if indeed as the school Mission Statement reminds us:

We Grow and Learn With Jesus.

Fr. Tim

CHAPEL

A reminder that our chapel will be open for you to visit on our Open Afternoon this Thursday 10th July between 3.30 and 4.30pm.

It hardly seems possible but next week is the final week of the school year when Leavers' Mass will be celebrated for the pupils and parents of this year's Year 6 children.

PARISH LINKS TO HOLY ROOD CHURCH WEEKLY NEWSLETTER

<https://parish.rcdow.org.uk/watford/wp-content/uploads/sites/103/2025/07/Newsletter-06.07.2025.pdf>

LITURGICAL COLOURS WORN AT MASS

Green for Ordinary Time

FEAST DAYS

July 11th St. Benedict



JUBILEE YEAR OF HOPE WEEKLY REFLECTION

Open the doors of our heart.

Open the doors of welcome.

Open the doors of power.

Open the doors of our mind.

Open the doors to opportunity.

Amen.

LOOK AFTER YOUR WELLBEING THIS WEEK



BE ACTIVE

There will be lots of opportunities to be outside with your class so do at least 5 minutes of physical activity each day. It could be running, football, netball, basketball, or any sport that gets you running around the school field or playground.



SIA

Mark Ten Mission

THE MARK 10 MISSION

MISSION FILE

GOSPEL

LUKE 10:1-9

At that time: The Lord appointed seventy-two others and sent them on ahead of him, two by two, into every town and place where he himself was about to go. And he said to them, "The harvest is plentiful, but the labourers are few. Therefore pray earnestly to the Lord of the harvest to send out labourers into his harvest. Go your way; behold, I am sending you out as lambs in the midst of wolves. Carry no money bag, no knapsack, no sandals, and greet no one on the road. Whatever house you enter, first say, "Peace be to this house!" And if a son of peace is there, your peace will rest upon him. But if not, it will return to you. And remain in the same house, eating and drinking what they provide, for the labourer deserves his wages. Do not go from house to house. Whenever you enter a town and they receive you, eat what is set before you. Heal the sick in it and say to them, "The kingdom of God has come near to you."

WORD OF THE WEEK

SUPPORT

PRAYER

WRITE DOWN THREE THINGS YOU WOULD LIKE TO TRUST JESUS WITH.

1. _____
2. _____
3. _____

AS YOU SLOWLY READ OR LISTEN TO THE SCRIPTURE, WHICH LINE STANDS OUT? HIGHLIGHT IT IN THE TEXT. PRAY ABOUT HOW GOD MAY BE SPEAKING TO YOU THROUGH THIS LINE?

WONDER QUESTIONS


IN THE GOSPEL, WHY DID JESUS ASK HIS FRIENDS TO TRAVEL WITH SO LITTLE?

WHAT DO YOU THINK THE 72 LEARNED FROM THE CHALLENGE JESUS GAVE THEM?

MISSION

MAKE A LIST, AND YOU CAN ADD TO IT THROUGH THE WEEK, OF ALL THE THINGS YOU WANT TO TRUST JESUS WITH. IT COULD BE SITUATIONS YOU ARE FACING, OR THINGS WHICH ARE HAPPENING TO YOUR FAMILY OR FRIENDS. ANYTHING THAT YOU WOULD LIKE TO HAPPEN BUT AREN'T SURE IT WILL, YOU CAN TRUST JESUS WITH. AFTER EACH THING YOU WRITE, SAY THE SHORT PRAYER WE LEARNED IN THE VIDEO "JESUS, I TRUST IN YOU."

COLOUR



JESUS, I TRUST IN YOU



THE MISSION

JESUS I TRUST IN YOU

JESUS IS ALWAYS INVITING YOU TO TRUST HIM ON YOUR WALK THROUGH LIFE. YOUR MARK 10 MISSION IS TO MAKE A LIST, AND YOU CAN ADD TO IT THROUGH THE WEEK, OF ALL THE THINGS YOU WANT TO TRUST JESUS WITH. IT COULD BE SITUATIONS YOU ARE FACING, OR THINGS WHICH ARE HAPPENING TO YOUR FAMILY OR FRIENDS. ANYTHING THAT YOU WOULD LOVE TO HAPPEN BUT AREN'T SURE IT WILL, YOU CAN TRUST JESUS WITH. AFTER EACH THING YOU WRITE, SAY THE SHORT PRAYER WE LEARNT ABOUT IN THE VIDEO "JESUS, I TRUST IN YOU."



THE
MARK 10
MISSION