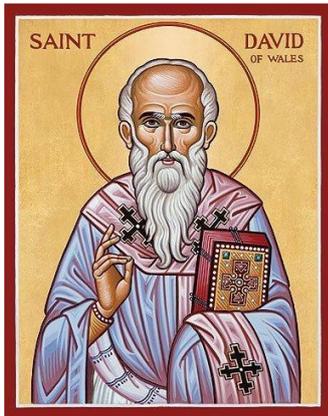




St. Anthony's Religious Education Newsletter
Including Mark Ten Mission and Wellbeing Challenge
Friday 6th March 2026

SAINT OF THE WEEK: ST. DAVID



To all those of Welsh heritage, we wish you Happy St. David's Day.

Welsh St David, the patron saint of Wales, was a holy bishop who lived a simple life of prayer and service. He encouraged everyone to “be joyful and do the little things you can do every day”, reminding us that small acts of kindness really matter to God.

In school this week, we will remember St David by thinking about how we can be faithful friends, help others, and bring joy to our classrooms – just as he taught us over 1,500 years ago

Dydd Gŵyl Dewi Sant Hapus



PRAYER LIFE

LENTEN JOURNEY

In this second week of Lent, we continue to follow Jesus into the desert, learning to trust Him more deeply through prayer, kindness, and small sacrifices. This Sunday's Gospel shows us the Transfiguration, where Jesus is



revealed in dazzling light to Peter, James, and John – a glimpse of the glory that awaits us at Easter.

Like the disciples, we are invited to listen to God's voice saying, "This is my Son, the Beloved; listen to him." In school, we focus on noticing Jesus' light in one another, keeping our Lenten promises and reaching out to those who need our help. Every act of sharing, forgiving, or giving comfort brings us closer to God.

OUR SCHOOL CHAPEL OPEN FRIDAY MORNING

For the second week of Lent, our school chapel will once again reflect this special season of prayer and preparation.

Our chapel was open this morning for families who wished to spend a few quiet moments in prayer. It was lovely to see several people pop in today.

Focus for Prayer Around the School

EYFS

Our youngest children will be praying about how God loves them and calls them to share that love with their friends. They will thank God for their families and ask Him to help them be kind and gentle, especially in the playground and at home.

Years 1 and 2

Children in Years 1 and 2 will be praying for the grace to forgive others and say sorry when they make mistakes. They will bring to prayer anyone who is lonely or sad, asking Jesus to help them be good friends who listen and share.

Key Stage 2

In Key Stage 2, the children will be praying about the Transfiguration from Sunday's Gospel, asking God to help them see Jesus' light in their daily lives. They will pray for the strength to keep their Lenten promises and for peace in the world, especially for places where people are suffering.



CATHOLIC LIFE

SVP VISITING ST. ANTHONY'S

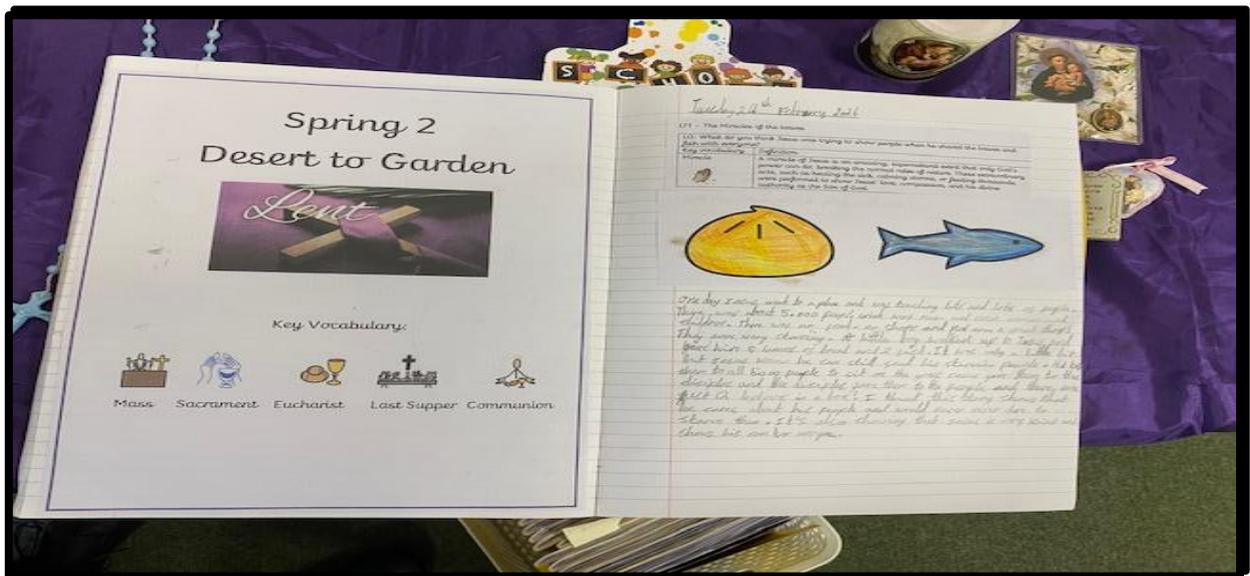
We are delighted that members of the Holy Rood St. Vincent de Paul Society will be visiting St. Anthony's on Friday 13th March. They visited last year during Lent to discuss their work with our Chaplaincy Team so we look forward to seeing them again to find out how we can support them.

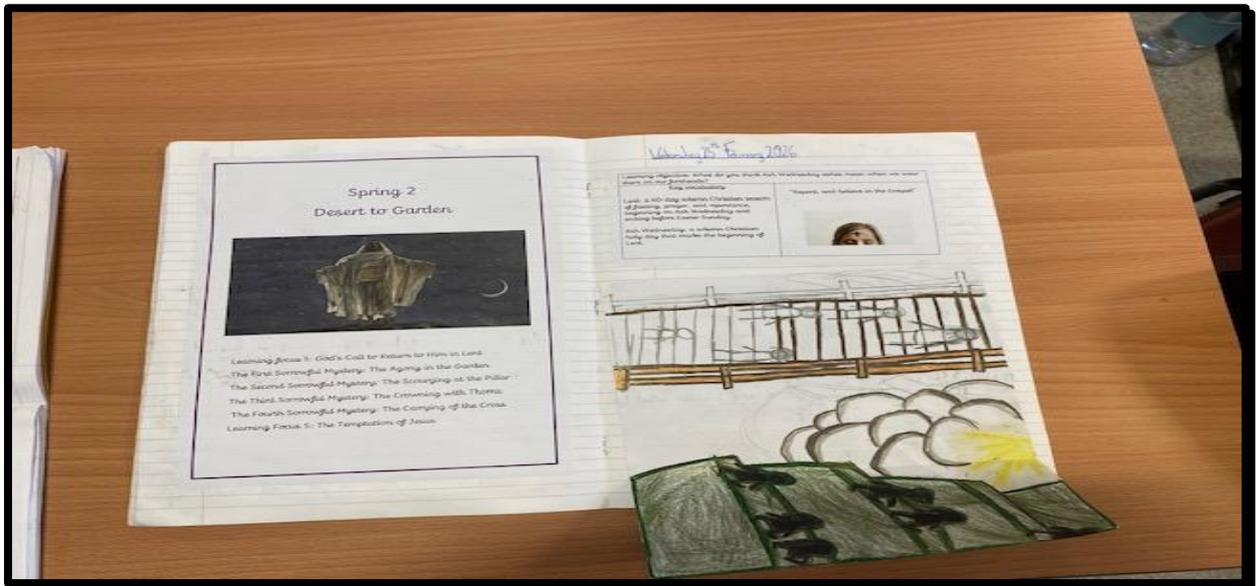
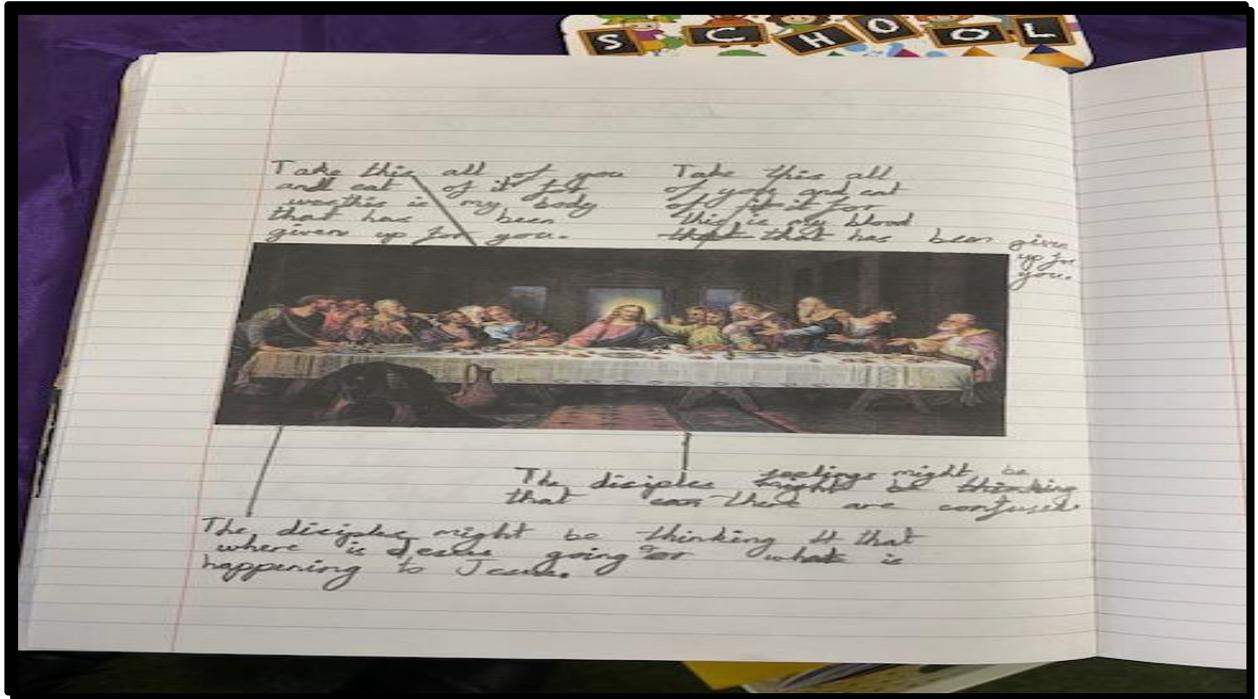
RELIGIOUS EDUCATION

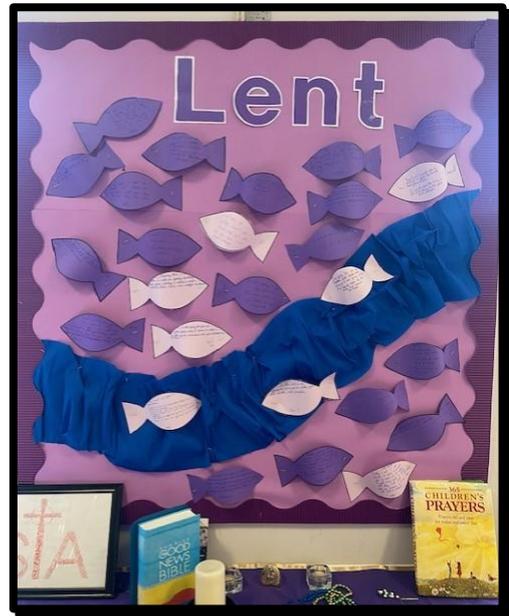
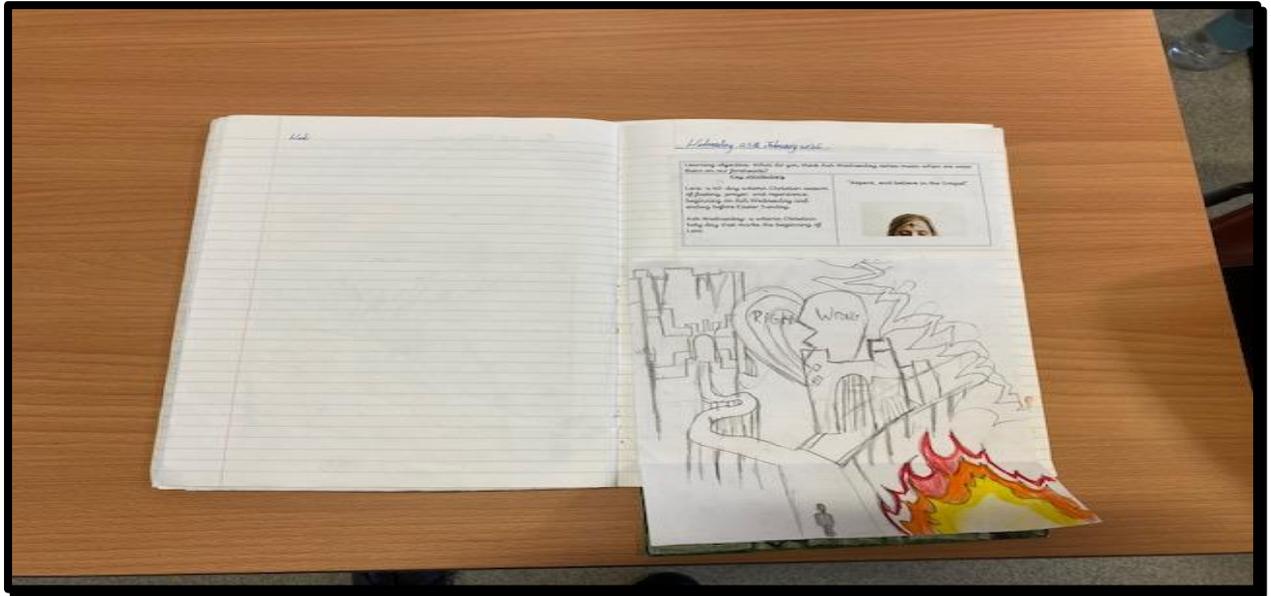
From Desert to Garden

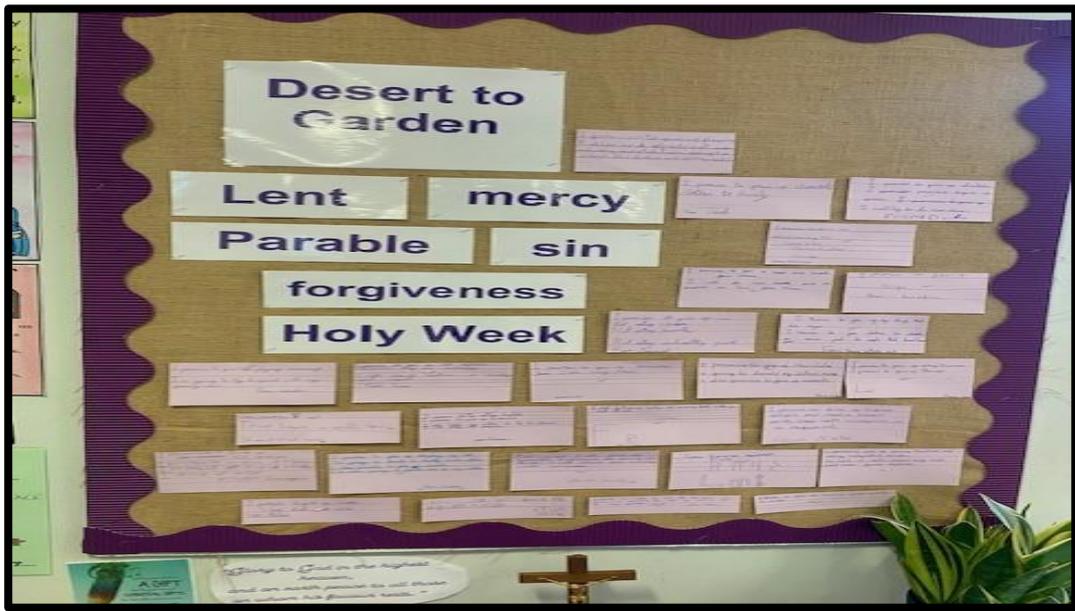
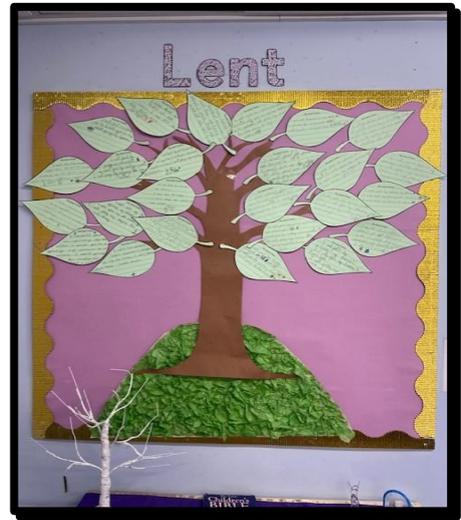
Last week we started Branch 4 of our Religious Education curriculum, *From Desert to Garden*.

In the pictures below you will see work in progress from Years 3 and 5 as well as some of the Lenten displays from different classes; you'll also see our special table in the chapel.









Year 5 Padua at St. Michael's Church

On Tuesday, it was Year 5 Padua's turn to visit St. Michael's Church in what turned out to be another creative and reflective retreat day. The children's clay work will soon be painted and, along with their charcoal designs, be put on display along the Year 5 and 6 corridor in the St. Francis Building.

We thank our friends at St. Michael's Church for their support and hospitality. We look forward to working with them again soon.



PARISH LINKS TO HOLY ROOD CHURCH WEEKLY NEWSLETTER

<https://parish.rcdow.org.uk/watford/wp-content/uploads/sites/103/2026/02/Newsletter-01.03.2026-1.pdf>

PARISH LINKS TO ST. BEDE'S CHURCH WEEKLY NEWSLETTER

<https://parish.rcdow.org.uk/croxleygreen/wp-content/uploads/sites/95/2026/02/20260301-NEWSLETTER-2026.pdf>

THANK YOU CORNER

To all the children who attended after-school football club on Tuesday night. All 25 children created a very positive atmosphere and it was great to see so many children staying for a few minutes longer to help put the equipment away.

Prayer for the Second Week of Lent

*Lord Jesus,
in this second week of Lent
we ask you to stay close to our school community.*

*Help us to listen more carefully to your voice,
to notice when others need our help,
and to choose words that bring peace and kindness.*

*When we find it hard to keep our Lenten promises,
give us patience, courage, and a new beginning,
so that we do not give up, but grow closer to you.*

*May our hearts be filled with your light,
and may our school be a place
where your love is seen in all we do each day.*

We ask this through Christ our Lord.

Amen.



LOOK AFTER YOUR WELLBEING THIS WEEK



CONNECT

Why not go to your local church and take notice of the Stations of the Cross? Perhaps say a prayer at each Station for the special people in your life.

Mark Ten Mission

The Transfiguration shows us Jesus' true glory as God's Son, giving His disciples – and us – hope and strength for tough times. Our Mark Ten Mission helps us to reflect on this event.

MISSION FILE

GOSPEL

MATTHEW 17:1-9

At that time: Jesus took with him Peter and James and John his brother, and led them up a high mountain by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became white as light. And behold, there appeared to them Moses and Elijah, talking with him. And Peter said to Jesus, 'Lord, it is good that we are here. If you wish, I will make three tents here, one for you and one for Moses and one for Elijah.' He was still speaking when, behold, a bright cloud overshadowed them, and a voice from the cloud said, 'This is my beloved Son, with whom I am well pleased; listen to him.' When the disciples heard this, they fell on their faces and were terrified. But Jesus came and touched them, saying, 'Rise, and have no fear.' And when they lifted up their eyes, they saw no one, but Jesus only. And as they were coming down the mountain, Jesus commanded them, 'Tell no one the vision, until the Son of Man is raised from the dead.'

WORD OF THE WEEK

FASTING

PRAYER

WHERE WILL YOU GO TO
FIND QUIET AND STILLNESS?

IN THAT PLACE, BEGIN YOUR PRAYER
BY REPEATING THESE WORDS IN YOUR
HEART AS MANY TIMES AS YOU LIKE

BE STILL, AND KNOW
THAT I AM GOD.

PSALM 46:10

COLOUR

WONDER QUESTIONS

HOW WOULD YOU FEEL TO BE ON THE
MOUNTAIN AND SEE JESUS SHINING?

WHY DID MOSES AND ELIJAH APPEAR
WITH JESUS?

MISSION

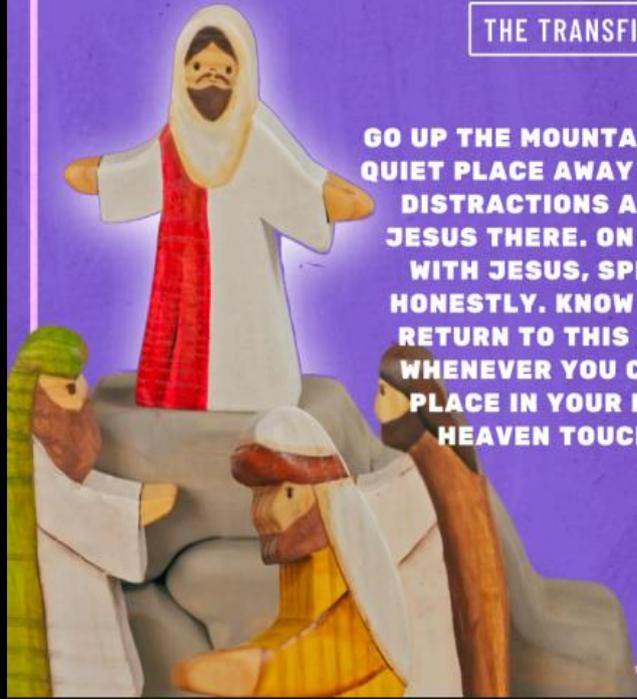
GO UP THE MOUNTAIN AGAIN, TONIGHT. FIND A QUIET PLACE AWAY FROM NOISE AND DISTRACTIONS AND MEET WITH JESUS THERE. ON THE MOUNTAIN WITH JESUS, SPEAK WITH HIM HONESTLY. WHAT'S MADE YOU HAPPY? HAS ANYTHING WORRIED YOU OR MADE YOU SAD? DON'T FORGET TO GIVE JESUS A CHANCE TO SPEAK. EVEN IF YOU CAN'T HEAR HIS VOICE STRAIGHT AWAY, KNOW THAT HE IS WITH YOU, LOVING YOU AND FILLING YOU WITH HIS PEACE. GO BACK TO THIS MOUNTAIN TOP WHEREVER YOU CHOOSE. IT'S A PLACE IN YOUR HEART WHERE HEAVEN TOUCHES EARTH.

AS YOU SLOWLY READ OR LISTEN TO THE SCRIPTURE, WHICH LINE STANDS OUT? HIGHLIGHT IT IN THE TEXT. PRAY ABOUT HOW GOD MAY BE SPEAKING TO YOU THROUGH THIS LINE?



THE MISSION

THE TRANSFIGURATION



GO UP THE MOUNTAIN AGAIN. FIND A QUIET PLACE AWAY FROM NOISE AND DISTRACTIONS AND MEET WITH JESUS THERE. ON THE MOUNTAIN WITH JESUS, SPEAK WITH HIM HONESTLY. KNOW THAT YOU CAN RETURN TO THIS MOUNTAINTOP WHENEVER YOU CHOOSE. IT'S A PLACE IN YOUR HEART WHERE HEAVEN TOUCHES EARTH.

THE
MARK 10
MISSION