



St. Anthony's Religious Education Newsletter
Including Mark Ten Mission and Wellbeing Challenge
Friday 25th September 2026

CATHOLIC LIFE

TEACHING ASSISTANTS' DAY

Today we are delighted to celebrate National Teaching Assistants' Day and to give special thanks to all the teaching assistants, office staff, kitchen staff, the cleaning team and site manager who make such an important contribution to life at St. Anthony's.

Our teaching assistants support children in countless ways: helping them to feel settled and confident, encouraging them to persevere when learning is challenging, developing their independence, nurturing friendships and wellbeing, and ensuring that every child feels known, valued and included.

Their work is often carried out quietly but its impact is felt throughout our school. Whether they are supporting learning in the classroom, leading interventions, listening to a child who needs reassurance, preparing resources, helping at lunchtime, or celebrating a child's success, they bring patience, warmth, expertise and commitment to all that they do.

Our office staff work on the administrative side of the school, managing the finances, making phone calls, sending emails and answering your enquiries throughout the day.

Our cleaning staff work at the school after all the children have gone home and remain here cleaning and tidying until after 7pm.

Our school welfare staff support the children with any medical needs, making phone calls to parents, managing medicines and ensuring records are kept up to date.

Our site manager, Tony, arrives very early to open the school and prepare the buildings for the day ahead. He also carries out maintenance and repair work around the grounds. He is the first port of call to builders or trades people who carry out construction work during the holidays.



In our Catholic school community, we are especially grateful for the way these staff live out the values of service, compassion, dignity and care for others. Through the many small acts of kindness they offer each day, they help our children to flourish academically, socially and spiritually.

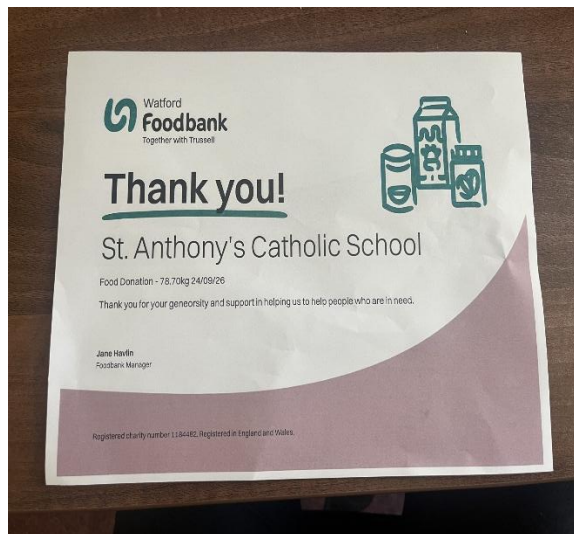
A heartfelt thank you to our wonderful teaching assistants for everything you do. We are very fortunate to have you as part of the St. Anthony's family.

“Let all that you do be done in love.”

1 Corinthians 16:14

WATFORD FOODBANK

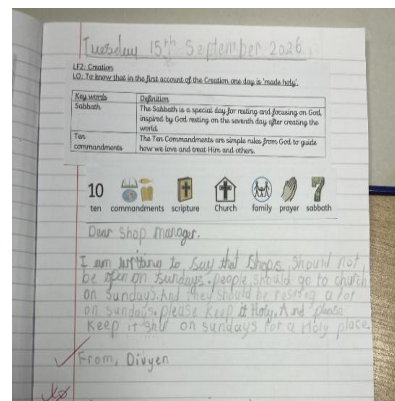
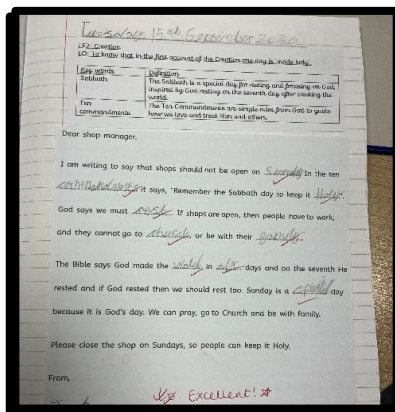
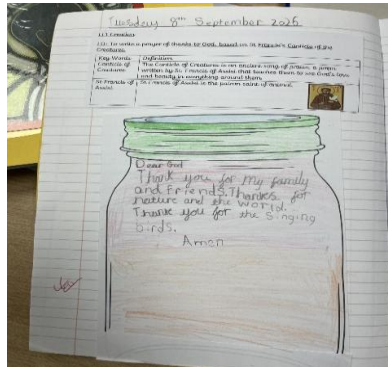
Below, left, is a picture of the 78.7 kg of items we sent to the Watford Foodbank yesterday morning. We then received a certificate to say “Thank you” to all our families who were able to give so generously this month.





RELIGIOUS EDUCATION

Here are some examples of work from Year 3 Lisbon. The first example is a prayer based upon examples written by St. Francis in praise of family, friends and the natural world. The other examples illustrate the importance of a day being made holy as shown in the first creation story.



Special thanks to the Year 3 Lisbon children for the use of their work.



PRAYER LIFE

FEAST DAYS THIS WEEK

Sunday 27 September – 26th Sunday in Ordinary Time:

The Gospel of the two sons reminds us that it is never too late to change our minds and do what is right.

Monday 28 September – Weekday in Ordinary Time:

A day to pray for courage when we need to make a better choice.

Tuesday 29 September – Ss Michael, Gabriel and Raphael, Archangels:

A celebration of the three named archangels, who remind us of God's protection, guidance and loving message.

Wednesday 30 September – St Jerome, Priest and Doctor of the Church:

We remember St Jerome, known for studying Scripture and helping others understand God's Word.

Thursday 1 October – St Thérèse of Lisieux:

A day to reflect on doing small things with great love.

Friday 2 October – The Holy Guardian Angels:

A day to give thanks for God's care and protection.

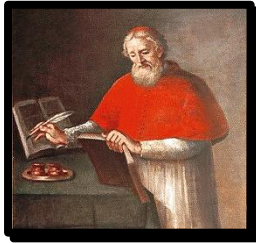
Saturday 3 October – Weekday in Ordinary Time:

A time to pray for peace and kindness within our families and communities.



SAINT OF THE WEEK

St Jerome



St Jerome devoted his life to studying the Bible and helping people understand God's message. He reminds us that learning takes patience and that God can use our gifts to help others.

Family challenge:

Choose a Bible story or Gospel passage to read with someone at home.

What message do you think God is sharing through it?

CHAPEL

We shall use our chapel time throughout October to dedicate prayers and reflections to the Rosary. Children will be able to pray the Rosary, read books or carry out activities at lunchtimes throughout the month.

PARISH LINKS TO HOLY ROOD CHURCH WEEKLY NEWSLETTER

<https://parish.rcdow.org.uk/watford/wp-content/uploads/sites/103/2026/09/Newsletter-27.09.26.pdf>

PARISH LINKS TO ST. BEDE'S CHURCH WEEKLY NEWSLETTER

<https://parish.rcdow.org.uk/croxleygreen/newsletters/>

LITURGICAL COLOURS WORN AT MASS

Green for Ordinary Time



Prayer of the week

Based on the Gospel:

Heavenly Father,
help us to listen to your voice
and to put your teaching into action.

When we make the wrong choice,
give us courage to begin again.
Help us to say “yes” to what is good,
kind and loving.

May our words and actions show
that we belong to you.

Amen.



LOOK AFTER YOUR WELLBEING THIS WEEK



Every week we offer activities to support the wellbeing of our school community.

These activities are there for you to do if you need them and cover 5 main elements:

Connect	Be with friends and family.
Be Active	Move about every day.
Keep Learning	Try new things and ask questions.
Give	Be kind and help others.
Take Notice	Look, listen and enjoy the world around you.

Here is this week's challenge:

GIVE

Today is National Teaching Assistants' Day.

What can you do this week to help our teaching assistants?



Mark Ten Mission

The Mark Ten Mission is a chance for us to reflect more deeply on a feast or celebration that is taking place on the liturgical calendar. With October just around the corner, we prepare for the month of the Rosary.

We also look at the life of St. Padre Pio whose feast day was on September 23rd.



MISSION FILE

GOSPEL

Luke 1:26-38

At that time: The angel Gabriel was sent from God to a city of Galilee named Nazareth, to a virgin betrothed to a man whose name was Joseph, of the house of David. And the virgin's name was Mary. And he came to her and said, 'Hail, full of grace, the Lord is with you!' But she was greatly troubled at the saying, and tried to discern what sort of greeting this might be. And the angel said to her, 'Do not be afraid, Mary, for you have found favour with God. And behold, you will conceive in your womb and bear a son, and you shall call his name Jesus. He will be great and will be called the Son of the Most High. And the Lord God will give to him the throne of his father David, and he will reign over the house of Jacob for ever, and of his kingdom there will be no end.'

And Mary said to the angel, 'How will this be, since I am a virgin?' And the angel answered her, 'The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be called holy — the Son of God. And behold, your relative Elizabeth in her old age has also conceived a son, and this is the sixth month with her who was called barren. For nothing will be impossible with God.' And Mary said, 'Behold, I am the servant of the Lord; let it be to me according to your word.' And the angel departed from her.

WORD OF THE WEEK

LISTEN

PRAYER

Write your own version of the Magnificat.

My soul glorifies the Lord and my spirit rejoices in God my Saviour because...

FIND + MEMORISE

The Almighty works marvels for me. — — — his name!

Luke 1:49

Your Mark 10 Mission is to complete The Rosary Challenge. This October, take up your Rosary, press play on our videos and pray along with us!





Watch this week's episodes



WONDER QUESTIONS

Why do you think Our Lady was chosen to be the Mother of God?

What makes the Holy Rosary such a powerful and loved prayer?

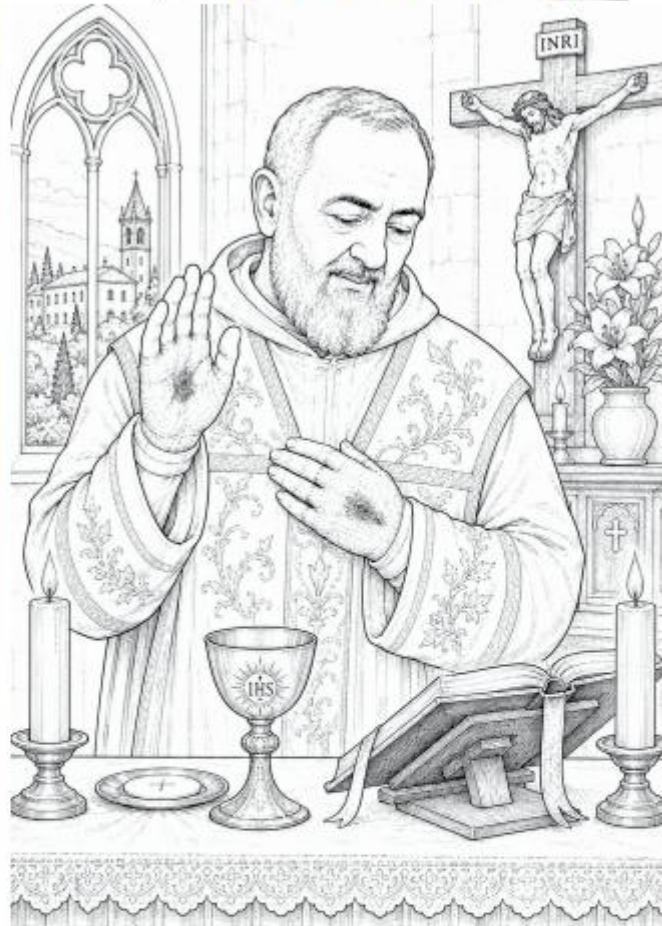
SAINT OF THE WEEK



PRIEST | MYSTIC

SAINT PADRE PIO

FEAST
SEPTEMBER 23RD



WHO IS HE?

St Pio was a Capuchin friar and priest known for his deep prayer and mystical gifts. For fifty years he bore the stigmata: the wounds of Christ in his hands, feet and side, and it was reported that he could read the hearts of those who came to Confession, knowing sins they had forgotten to mention. There are accounts of Padre Pio blocating, appearing to people while remaining at his monastery, as well as reports of miraculous healings and a beautiful, mysterious fragrance surrounding him. Despite these extraordinary gifts, Padre Pio always pointed people towards Jesus, the Eucharist, Confession and prayer.

ST PADRE PIO PRAYER

*Stay with me, Lord, for it is You
alone I look for, Your Love,
Your Grace, Your Will, Your
Heart, Your Spirit, because I
love You and ask no other
reward but to love You more
and more.
With a firm love, I will love You
with all my heart while on earth
and continue to love You
perfectly during all eternity.
Amen*

SAINT MISSION

St Padre Pio built his life around prayer and the Sacraments of Reconciliation and the Eucharist. If you asked Padre Pio how best to show your love for Jesus today, he would say, pray and receive the Sacraments of Reconciliation and the Eucharist as soon as possible. Therefore, your Mission is to do all of these things and do them with as much concentration, reverence and love as you possibly can.